

KANSAS SCHOOL MENTAL HEALTH ADVISORY COUNCIL MINUTES



School Mental Health Advisory Council

Details

Date: January 5, 2022

Time: 9 am –2 pm

Location: Zoom

Welcome, Kathy Busch, Chair at 9:00 AM

Roll Call

Members: Members (x present, blank absent):

X	Kathy Busch	X	Leia Holley		Kimberly O'Connor
X	Jean Clifford	X	Tamara Huff	X	Judi Rodman
				X	Melanie Scott
X	Dr. Jane Groff	X	Dr. Ken Hughey		Shirley Scott
X	Samantha Brown		Kimber Kasitz	X	Idalia Shuman
AB	Shelby Bruckerhoff	(AB)	Mallory Keeffe	X	Rachelle Soden/Pam Noble sub
X	Tracie Chauvin	X	Kathy Kersenbrock-Ostmeyer		Dinah Sykes
X	Jose Cornejo	X	Monica Kurz	X	Mark Torkelson
X	Misti Czarnowsky		Ronny Lieurance	X	Kelsee Torrez
X AB	Sherry Dumolien		Lori Marshall	AB	Ryan Vaughn
X	Diane Gjerstad	X	Melody Martin	X	Juliane Walker/Paige White child adv.
		X	Dr. John McKinney	X	Pam Weigand
X	Laura Hattrup		Kathy Mosher	X	Holly Yager
X	John Heim/ Brain Jordan	X	Monica Murnan	X	Janey Humphries (BOE-large districts)
	Gary Henault		Deana Novack	X	Jamey Dover (Law enforcement)

Attendance: 27 present Quorum (20)

Kansas leads the world in the success of each student.

KSDE Staff:

	Bert Moore	x	Kerry Haag		
x	Barb Depew/Cheryl Johnson sub	x	John Calvert		
x	Kayla Love		Myron Melton		
	Kent Reed		Shanna Bigler		Kelli Byrne

Guests: Christina Mann, Pattie Noonan

Approval of Agenda

Motion to approve: Monica Murnan

Second: Judi Rodman

Action: Motion Passed

Approval of Minutes

Motion to approve: Melody Martin

Second: Idalia Shuman

Comments: None

Action: Motion Passed

Public Comments

No public comments. Closed at 9:12 a.m.

Overview/Update of Kansas Can Competencies

Pattie Noonan- Presentation

- Pattie and Amy work on creating document and training the trainers for these Competencies. They have been doing so for 5 years. They currently have 7 recognized trainers around the state, plus 4 additional being trained. They are working on new activities, such as webinars on measuring Social Emotional Learning, online classes, and free virtual trainings.
- Annotate the competencies that support student's wellness/mental health
 - Top answers: Self-awareness, self-care, self-regulation, conflict management, and communication
- Here to talk about Tier 1 social emotional learning supports and preventions
 - Meant to give all students foundational skills in these competencies to be considered pro-social.
- Framework
 - Train on a schoolwide approach- meaning all teachers learn together including Special Education teachers.
 - Also offer individual teacher trainings and small groups
 - Aligned with CASEL program guide
 - Addresses the Kansas SECD Standards to an extent
 - Considered a Kansas MTSS Tier 1 SEL Curriculum
 - Partnering closely with state to provide lots of PD and coaching opportunities
- New things-

Kansas leads the world in the success of each student.

- Examples of Teachers teaching the instructional activities and interacting with students to make sure they understand
- Videos of students teaching directly
- Support to Kansas educators in implementing social emotional learning instruction with all their students and measuring the growth and changes in the students and communication with other.
- Schoolwide with district trainings cost, a reasonable fee, but they offer free PD online
 - Schoolwide is 4 3hour trainings throughout the year with coaching and measures
 - If interested email Pattie Noonan or visit TASN
- www.CCCFramework.org
 - Offers SEL curriculum for Elementary through High school
 - Overview videos (4minutes)
 - Interactive wheel
 - Pull down with free information on competencies
 - Every competency has a research guide and padlet
 - Video for Teachers on competencies with outcomes
 - Testimonial videos from Teachers
 - Padlets divided to Elementary, Middle/high school, and self-efficacy
 - Family Resources
 - Guidance's- including COVID at home learning
- KCC supports Statewide prevention of Bullying and Suicide
 - Met with bullying committee on assertiveness to align with anti-bullying practices and interventions
 - Example: expressing wants, needs, and thoughts while being respectful of others wants, needs, and thoughts (respectful communication)
 - Used chart to shift wording to be more respectful of others
 - Also use student videos-student's explanations for other students
 - Help understand their feelings and have empathy imagining how other feel
 - Self-regulation, Assertiveness, Conflict Management were the top picks of topics identified by over 11,800 Kansas Students of areas they need help in.
 - School chooses 1 topic and teaches on that for year then measures growth
 - KSDE is providing lessons and student workbooks for students
 - Over 200 instructional activities (PDFs)
 - Able to translate some workbooks and measures into Spanish
- www.Ksdetasn.org/competency
 - Training opportunities
 - Webinar series on social emotional growth (45 minutes each)
- Feel free to reach out to Pattie Noonan at: pnoonan@ku.edu

Climate Type and Research Update

Christina Mann

- Broad theories on Climate Type
 - Self-determination
 - Polyvagal theory and Neuroscience

Kansas leads the world in the success of each student.

- 4 climate Types
 - Empowering engagement
 - Empowering relationships
 - Depressed
 - Anxious-conflictual
- Model comprised of 28 questions out of over 128 questions on the CTC
- Video introduction for report and research behind it
 - <https://vimeo.com/608416084>
 - Tool that can be used statewide
 - Greenbush can generate report for all schools participating in KTCT
 - Planning in the works to allow all schools access available hopefully this fall
- Climate type Preliminary Research Findings
 - Data set from 2016-2019
 - Studies correlate with:
 - Cumulative Risk and protection on KCTC
 - Achievement on Kansas State Assessments
 - Other school outcomes and variables
 - Ex: graduation and drop-out
 - Sneak peek (Findings not peer reviewed)
 - Empowering scales are positively correlated with Kansas State ELA and Math assessment scores
 - Risk scales are negatively associated with achievement with the Kansas State ELA and Math assessment scores
 - Until now, we did not have a succinct, statewide school climate measure
 - This report is built from reliable data, that we are already collecting
- Would love to share these finding more in detail after they are submitted this Summer/Fall.
- Feel Free to contact Christina Mann at: Christina@kansasmtss.org

Mental Health Intervention Team

John Calvert, Amanda Davidson, and Shelly Alderson

- CDC/KCTC data on suicide across Kansas (data from 2019)
 - National suicide death rate increased 75% over 17 years
 - Currently suicide is the 2nd leading cause of death in youth
 - Distracted driving is number 1
 - September 1989 suicide was the 6th leading cause of death
 - Statistically 1 in 13 kids attempt suicide
 - Almost 300 11-year olds attempted suicide
 - Over 450 13-year olds admitted to attempting suicide
 - CDC says there is 1 death every 11 minutes because of suicide
- MHIT is in its 4th year and is in 55 school districts now across Kansas
 - Liaisons in the school telehealth available (Licensed Mental Health workers in schools)
 - No more missing most of the day or falling further behind
- Amanda Davidson- Liaison in the field

Kansas leads the world in the success of each student.

- Walked through the referral process
 - Able to offer direct services in schools
 - Students wouldn't have graduated without these services
- Shelly Anderson- Abilene/Solomon district
 - One of the first districts to start
 - Have 2 full time therapists in the buildings and 8 case managers
- MHIT is a grant opportunity
 - Last year funds were not available to expand, hopeful for years to come
- Feel free to reach out to John at: jcalvert@ksde.org

Engaging Families in Social Emotional Learning

Jane Groff

- Social Emotional Learning Supporting Academic Learning
 - We need to talk about it so families and communities know about it
 - Reassure them and agree where we can
 - Social emotional learning is an Academic Intervention
- 5 keys to Social Emotional Success
 - Self-awareness
 - Self-management
 - Social awareness
 - Relationship skills
 - Responsible decision making
- Social Emotional Learning helps with better behavior and 11% increase in academic outcomes
- Engaging Families with Social Emotional Learning strategies
 - Teaches both the child and the parent
 - Builds strong relationships both in school and in the community
 - Making things clear for parents
 - “new” learning- learning gap from generations
- Studies in 2011 (J. Durlak and R. Weissberg)
 - Higher academic performance of Social Emotional Learning in students translated to an 11-percentile point increase in achievement
- Study in 2018 (J. Durlak and R. Weissberg)
 - Social Emotional Learning programs produce positive benefits on important behavior and academic outcomes
- Panel Card from KPIRC
 - Supporting you Child’s Social Emotional health
 - www.ksdetasn.org/kpirc
- Feel free to reach out to Jane at: jgroff@kpirc.org

Member / Agency Updates

Kathy Busch

- Kathy KO (NWKSESC)- Sponsoring Dr. Bruce Perry on February 21 for school groups and teams
- Barb Depew (CNW-KSDE)- February Wellness Workshops- hosting Virtually. Wellness

Kansas leads the world in the success of each student.

Wednesdays 9:30am and 1pm Classes

- https://www.kneat.org/SNP/SNP_Docs/SNP_Guidance/Update_Memos/2021_December_Update_SNP.pdf Registration at: https://ksde.zoom.us/meeting/register/tZAqd--tqj4pHdU4UGP6dtSLpp7ToEd14_jY
- John Calvert (Safe and Secure Schools-KSDE)- Annual Safe and Supportive Schools Conference Virtually, end of January, 100% Free, Speakers from all over, 3-day conference, start Jan. 26 with a Student led Panel
 - Registration: <https://us06web.zoom.us/meeting/register/tZckdu-prD8sGdYRNqF2VRA1R4EZJE80L-SY> Flyer provided later
- Idalia Shuman (KNEA)- Implemented an employee assistance program, wellness for educators
- Brian Jordan (KASB)- middle of onboarding and training new school board members in a week. Change in trainings to support staff and academics more. Legislative session opening next week. Superintendent search- many openings- about 40-45 openings across the state.
- Judi Rodman (Child Advocacy)- Johnson County has 3 new superintendents this year. Sunflower House is meeting next week to talk about the no cost services offered. Wanting to start Team Leadership at Sunflower House.

Future Agenda Topics

Kathy Busch

- If you think of any topics or updates you would like to hear about please contact Kathy, Bert, or Kayla

Adjourned

- Meeting adjourned at 1:53 pm

Next Meeting, March 2, 2022 Virtually 9-2:30pm

For more information, contact:



Kayla Love
Administrative Specialist
SETS

Phone 785-291-3097
klove@ksde.org

Kansas State Department of Education
900 S.W. Jackson Street, Suite 620
Topeka, Kansas 66612-1212

www.ksde.org

The Kansas State Department of Education does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: KSDE General Counsel, Office of General Counsel, KSDE, Landon State Office Building, 900 S.W. Jackson, Suite 102, Topeka, KS 66612, (785) 296-3201.

Kansas leads the world in the success of each student.