

# KANSAS SCHOOL MENTAL HEALTH ADVISORY COUNCIL MINUTES



## School Mental Health Advisory Council

### Details

Date: April 29, 2021

Time 9 am –2 pm

Location Zoom

Welcome, Kathy Busch, Chair at 9:00 AM

### Roll Call

Members: Members (x present, blank absent):

x	Kathy Busch	x	Dr. Jane Groff	x	Laura Hattrup
x	Shelby Bruckerhoff	x	Jose Cornejo	x	Misti Czarnowski
X	Kristen Garner (Cheri Koochel)	x	Bobby Eklofe	x	Kathy Mosher (Derek Knopp)
x	Diane Gjerstad	x	Jessica Griffin		Dr. John Heim
x	Gary Henault	x	Leia Holley	x	Dr. Ken Hughey
	Representative Russ Jennings		Kimber Kasitz	x	Deana Novack
x	Kathy Kersenbrock-Ostmeyer	x	Monica Kurz		Ronny Lieurance
x	Melody Martin	x	Dr. John McKinney	x	Shirley Scott
X	Monica Murnan	x	Carla DeHetre	x	Juliane Walker (Paige White)
x	Rachelle Soden	x	Senator Dinah Sykes	x	Jean Clifford
x	Mark Torkelson	x	Kelsee Torrez		
x	Pam Weigand	x	Holly Yager		

KSDE Staff: Members (x present, blank absent):

	Laura Jurgensen	x	Kerry Haag		Bert Moore
x	Myron Melton	x	Kent Reed	X	Kayla Love
X	Pat Bone	x	Shanna Bigler		

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## Approval of Agenda

Motion to approve: Pam Weigand

Second: Monica Murnan

Action: Motion Passed

## Approval of Minutes

Motion to approve: Shirley Scott

Second: Carla DeHetre

Comments: Tracie Chauvin correct spelling

Action: Motion passed

## Public Comments

No public comments. Closed at 9:15a.m.

## Required Trainings Update

Shanna Bigler

Reviewed required trainings website

- Subject index under S -- Student safety and wellness training
- Teaching and Learning tab
- Required training on Dyslexia added
- Bullying Training video added
- Brochure has been updated
- Staff training sheet – one page with agency contact - This will be shared on principal and superintendent's listserv's. Jose suggested sharing with HR directors.
- New Mental Health Webpage being developed. Shana shared a prototype
  - Hot topics could change as needs change
  - Jason Flat is imbedded in several places
  - ACES is also imbedded in multiple areas
  - Mental Health in Kansas Schools would be the title of the page.
  - Council is very excited about this development and idea
  - Mental Health/Social Emotional Growth would be first search areas.
  - Archived Hot topics instead of removal
  - Great for families and communities as well
  - Add link to network for federally qualified centers - (Community Care Network of Kansas--the association for Community Health Centers that Rep Murnan mentioned for the green section.)
  - How do we address our younger children?
  - Should we add KDADS to the community group
  - DCF also as community group?
  - Hot topics – these items will not go away. They are pervasive issues.

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- Family and Community as title of section
- KPIRC – spell out to attract parents
- Shape of Kansas for outline
- Behavioral Health Resources instead of Mental Health
- Does the "suicide" link lead to resources for suicide death response plans in addition to Jason Flatt training? We can link to resources that are not created by KSDE.
- Emergency button or Urgent situations. – suicide hotline number, parent hotline, mobile mental health crisis unit (John Calvert, DCF and KDADS developing together)
- Headquarter under community involvement
- KDHE under community involvement
- Please share the main links to DCF and KDADS resources with Shanna

Myron – Required and Recommended Training Site <https://www.ksde.org/Agency/Division-of-Learning-Services/Student-Staff-Training>

- Resources developed as a result of the work of the council.
- Prevention and Responsive Culture
  - Suicide awareness and prevention
    - Kansas Resources and Universal resources
    - Suicide Prevention, Response and Postvention Toolkit – Developed by the School Mental Health Initiative TASN project.
- Any trainings available – Bullying Training is occurring through the service centers; Greenbush University and 4 webinars are being planned.
- Counselors conference at KSU will occur in the fall.
- All lot of work is underway through accreditation in addressing the social emotion growth area and how those are being addressed in schools.
- SMHI, professional development implementation team training workshop occurring in June. All 25 CMHC are partnering with districts for this event. Members were invited to attend and listen in to these discussions.
- Update to council on summer trainings available.

### **Motion to support the concept of the webpage on Mental Health**

Motion: Monica Murnan

Second: Jose Cornejo

Action: Motion passed

### **IDEA State Personnel Development Grant (SPDG)**

Kerry Haag and Amy Gaumer Erickson

PowerPoint slides

- Systems of Evidence based professional development is the focus for this grant. This is a federal competitive grant opportunity.
- This council will be valuable in helping to address the barriers that occur through the process.

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- SPDG executive summary includes the language "the school community follows a protocol for a transition process from a restrictive or alternative setting/placement such as Primary Residential Treatment Facilities (PRTF)". This language seems difficult to achieve with the restrictions on collaboration and without requirement for the PRTF to include CMHC's and USD's on release of student from placement.
- Evaluation - state team is learning from district team and community partners as they move forward.
- Executive Summary -  
<https://www.dropbox.com/s/kct1qwukqxjygi8/2022%20KS%20SPDG%20Exec%20Summary%20Draft%204-16-21.docx?dl=0>
- More discussion at a future meeting to support this work.
- Jane just spent time with 200 families and directly relates to this work with dealing with Adverse Childhood Experiences (ACES).
- Gary would like to have someone present this to the PRTF stakeholders he works with. Email Gary to participate. [Gary.Henault@ks.gov](mailto:Gary.Henault@ks.gov) Bobby suggests the same connection. Cherie Blanchat and, Laura Hattrup are the best representatives to attend. June 16 next meetings
- Universal release would also be a great connection. Also need foster care representative at the meeting mentioned.
- June 1 -3, 8-12:30 each day Training available to attend.

### Member Reports

- Families Together – Bullying Resource developed in conjunction with school mental health team. PowerPoint. Includes resources to support families. Working to get this published in Spanish as well. Please share with families and educators.

### Council Membership 2021-22

Motion: Accept reappointments for continuation of members who have agreed to serve and continue looking to fill open positions.

Motion: Bobby

Second: Mark T

Action: Motion Passed.

### Teacher Preparation on Suicide Prevention

Kathy Busch, Catherine Chmidling, Mischel Miller, Jean Clifford

Bullying recommendations:

#### 7. Training, professional development and teacher preparation

- Educators have a wide array of responsibilities. Teaching and learning are complex matters that require a lot of skills. Academic achievement is important, as is the training of the other skills identified in the Kansans Can agenda. This includes growth on socio-emotional learning. But in order for schools to implement any program effectively, time,

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resources, and effective training are key. Training for in-service teachers and pre-service teachers on issues related to bullying and youth suicide prevention is recommended. The most promising practices to impact bullying behavior are those that are school-wide, universal and involve parents and families. This is the goal of social-emotional learning programs, and effective approaches should be shared and considered.

- Remember that we are asking a lot of our higher education programs. The more we ask them to do the longer the programs will take to complete.
- Catherine believes that these may be covered.
- We are not advocating for a class but within the framework that exists are these topics covered? Please provide us information on where this may be included.
  - Looking at accreditation standards these things are already imbedded. Learning environment collaboration with parent, and community.
  - Is there training for the pre-service teachers that covers these mental health topics? Are they specific? At a basic level yes.
  - Catherine will do more research as to the specifics of inclusion of these topics.
  - The state board will be interested in the details to be sure new teachers are fully aware of these issues in their preparation.
  - Professional Ed standards and where these things are embedded. – Catherine. Assured the SB that this component is being addressed. Specifically, pre-service teacher preparation.
  - Kent has been involved in conversations with graduating college students and they are unaware of the Flat Act. Need something more specific than the generalities included in the current requirements. Touch on legal issues they need to be aware of.
  - How are we defining "basic knowledge"? I just ask because in training session I have done with teachers about suicide prevention skills, I hear very often that they are not clear on the role teachers can play with students at risk of suicide.
- What can be done to ensure these specifics are really being addressed by the programs.
- We don't want these issues to be an afterthought to teacher training.
- Have some information to provide the board in May.
- Purpose of the board item is addressing the bullying taskforce recommendations specifically preservice training.
- When do teachers learn that they are a mandated reporter?

### **Suicide Prevention Data**

Kelly Peak and Rachel Phillips, Greenbush, PowerPoint

- Offered remotely and included video instruction due to the pandemic
- New platform allowed for students to complete the survey in less time because of skip logic abilities.
- Sexual Orientation and Gender Identity questions will be added to the survey next year.
- Replaced the social skills scale
- 251 public and private school districts participated this year
- Now able to share results much faster due to online administration.

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- Website data and schools and districts results have been released allowing them to plan to meet student needs.
- Trends in substance use is declining over time.
- Depression and suicide statistics are increasing.
- Further analysis will be completed in regards to being in school remotely to not changes in depression and suicide thoughts.
- Females most reported these issues but males were the most often successful in completion of suicide.
- Transition periods are showing higher results in suicide attempts.
- Students who display behavioral issues need intervention now.
- More work is being done in association with the social emotional growth initiative. Risk and protection factors.

#### Questions:

- This will be shared with the State Board in May.
- Thank you for reworking the survey and allowing organizations to provide input on the survey this past year.
- What student demographics are collected? Will send information to respond.
- Does KCTC or Greenbush provide districts a guide for how to use this information; how to present to BOE or site councils? Yes, we will be addressing this the next part of the presentation.  
<https://kctcdata.org/Home/StudentSurvey?SurveyType=KCTC&CodeSelection=CTY&countyId=30120-0&categoryId=2>
- Are there any questions on whether students have engaged in repeated suicide attempts? No

#### Rachel – Overview of reports available.

- kctcdata.org
- data available by district and county
- reports available
  - 4 reports, for districts, 3 at the building level.
  - At a glance report
  - Summary report, more in-depth information of trends over time.
  - Depression/suicide data compared to state averages and increases over time.
  - Social Emotional learning report – state and district comparison on character development, personal development, and school climate.
  - % of students that responded

#### Questions

- Access reports - Pre-defined reports for districts with their unique data.
- Is there training on the use of this report or video. Presentation and videos are available and they are working on more.

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## Legislative Updates

Laura Jurgensen Handout

- Updated bill tracker
- No current legislation impacting school mental health.
  - Funding for mental health team pilot is still waiting to be approved. It will be finalized during the wrap up session.
  - Education finance has not been addressed as of today.
  - This action will occur during the veto session next week.

## SPP/APR - PowerPoint

- KSDE is responsible for this report annually for students with disabilities. Introductory information.
- New requirements will be reported starting in February 2022.
- 17 indicators
- This work connects to this council in the following areas
  - Indicator 4 Discipline
  - Indicator 7 Early childhood outcomes (Social Emotional)
  - Indicators 5 and 6 on Least Restrictive Environments and how students are impacted as a result.
  - Stakeholder Input has changed. More specificity regarding parents, increasing capacity of diverse groups of parents, developing improvement strategies. Working together to improve these areas for students.
- Expect to update the council in July on stakeholder input.
- Please direct questions to Bert, Laura or Kerry

## Wrap Up Comments

- Future discussions: Teacher preparation and bullying prevention and looking at digital citizenship.
- Comment or questions on preservice direction for the State Board. Are there recommendations you would like to make at this time?
  - Contact Kathy Busch or JeanClifford or Pat Bone with any comments.

## Adjourned

- Meeting adjourned at 1:50 pm
- Thank you everyone.

## Next Meeting, July 26, 2021 Virtually 9-2

For more information, contact:

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