

KANSAS SCHOOL MENTAL HEALTH ADVISORY COUNCIL MINUTES



School Mental Health Advisory Council

Details

Date October 1 2020

Time 9 am – 2 pm

Location Zoom

Roll Call

Welcome Everyone. Thank you for being here today. Special thanks to all of you working in schools and keeping our kids safe.

Members: Members (x present, blank absent):

X	Kathy Busch	x	Dr. Jane Groff	x	Cherie Blanchat (Laura Hattrup)
x	Shelby Bruckerhoff	x	Jose Cornejo	x	Misti Czarnowski
	Kristen Garner (1 PM)	x	Bobby Eklofe		
x	Diane Gjerstad	x	Jessica Griffin	x	Dr. John Heim
x	Gary Henault	x	Leia Holley	x	Dr. Ken Hughey
	Representative Russ Jennings (NOT Attending)		Kimber Kasitz	x	Deana Novack
x	Kathy Kersenbrock-Ostmeyer	x	Monica Kurz		Ronny Lieurance
x	Melody Martin	x	Dr. John McKinney	x	Kathy Mosher
	Monica Murnan	x	Judi Rodman (Carla DeHetre)	x	Shirley Scott
x	Rachelle Soden	x	Senator Dinah Sykes		Senator Mary Jo Taylor
x	Mark Torkelson	x	Kelsee Torrez		Juliane Walker
x	Pam Weigand		Holly Yager		

KSDE Staff: Members (x present, blank absent):

x	Bert Moore	x	Kerry Haag	x	Myron Melton
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x	Kent Reed	x	Pat Bone	x	Amy Martin
x	John Calvert				

Approval of Agenda

Motion to approve: Kathy Kersenbrock-Ostmeyer

Second: Pam Weigand

Action: Motion Passed

Approval of Minutes

Motion to approve: Bobby Eklofe

Second: Kathy Kersenbrock-Ostmeyer

Action: Motion passed

Public Comment

No requests to make public comment were received.

SB367 Update

Juvenile Justice committee (JJC) has brought this item to our attention. This bill includes mandates for schools.

Kent – Juvenile Justice Reform Act

- MOU will be developed between local law enforcement and the court system. The issue is that 3 years ago every district in the state was complying even though mental health was not part of the discussion. A report is required to the legislature every year but there is no determination of how long the MOU was to be in effect, reviewed, and that mental health should be included. The JJC is suggesting a 3-year review and signing a new MOU. The new MOU must include county and mental health agencies.
- Training for Superintendents is also required. This was conducted and was a one-time training. This is a concern. Suggestion for improving this component is that this training be required every three years.
- There are many other issues on the law enforcement side between prosecutors and legislators.
- In terms of oversight MOU and training the JJC thought the School Mental Health Advisory Council was a good place to send this for review.

John Calvert oversees the Safe And Civil Schools Council that includes nine state agencies. This council agreed they want a seat at the table in this area. Kansas Law Enforcement Training Center still has the training available. Two segments of about an hour and half make up the training. This training is completely free. It is also posted on the KSDE website.

<https://www.ksde.org/Kansas-Safe-Schools>

https://www.enrole.com/kupce/jsp/form_search.jsp?keyword=SB+367&x=0&y=0

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Discussion/Next Steps:

- Ask Senator Jennings for an update on this bill in December
- Nothing new for the field at this time.
- John and Kent will share these issues are being discussed again and what may be coming as we move forward as they make presentations to their respective contacts.
- May want to make a recommendation after we hear from Senator Jennings.
- Families Together has just received a grant to work with juvenile justice youth in Johnson county. Nate has been hired to work with these youth and families. Leia will share a document on this new program.

Kansas COVID Workgroup for Kids – Mental Health Task Force Document Myron – Handout – 16-page document

One additional update before I update you on the COVID Workgroup

- Suicide is a topic of work this council has covered in the past. There is a lot of really good work going on but it is happening in pieces. We are looking to form a coalition to bring this work together and give the work a unified mission and vision. He wanted to make you aware of this work continued work. In response to recommendations from the Attorney General's Youth Suicide Prevention Task Force, a Kansas Suicide Prevention Coalition is being formed. This coalition will coordinate with suicide prevention efforts across the State of Kansas to provide alignment, and to eliminate redundancy of efforts. KDADS is the lead agency, with Gina Meier-Hummel leading the process. Other state agencies involved in this coalition include WSU, KSDE, DCF, and KDHE.
- Excellent resource to share. This is an addendum to the Navigating Change document. IT is brief and speaks to parents and caregivers to help children. Behaviors and concerns being seen in kids of the negative effects COVID has had on our children. It includes interventions ideas to help the kids. Also provides a more detailed list of resources.
- This document has been shared with counselors and others.
- It will be added to the Navigating Change Document. There are already a lot of resources included in the Navigating Change Document. This is a great addition for the mental health resources.
- Please share this document with anyone you know who may need assistance.
- Bobby Eklofe shared an additional document

Update on Bullying Task Force Subcommittees work

- Definition –
 - Consider changing terminology from principals and administrators to educators
- Cyberbullying – Jane
 - Definition of cyberbullying – ok for now
 - First section – school legal considerations (school property situations or

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substantial disruption to the learning environment) KSA case law addition and in appendix. This gives the administrator information to share with parents a recourse of action when the school is unable to react because of legal restrictions.

- Second Section – Best Practices for Districts/Schools
 - Policy and plans group may find this section useful in their work.
- **Data – Kent**
 - Thank you, subcommittee, for all of your assistance in creating this work
 - October 5-11 is antibullying awareness week. Please help spread the word.
 - Dr. Mark Thompson brought a survey to Kent. Results are similar to the KCTC.
 - Gary will give an update on the KCTC survey
 - Concerned that the definition needs refinement for the collection of quality data.
 - Types of bullying collected through KIAS.
 - Definitions for data collection – terms and definitions.
 - Aligned definition with processes for data collection.
 - Meeting with staff tomorrow on the raw data from the KIAS system as this is the baseline data year.
 - KCTC survey – best vehicle we have to inform decisions in Kansas
 - Don't want to change the overall data collected.
 - Changes to language are being looked at to update.
 - Handout – increased consistency of language in the bullying section.
 - Including youth in the updating of language.
 - Skip logic in the survey is being added. Decrease the time it takes to take the survey when we can individualize for each student.
 - Technical changes
 - Addressing recommendations from the Task Force work.
 - Relevance, reliability, validity work, reviewing and evaluating all the checks in the system and updating.
 - Will go to all online administration.
 - Gender identity and sexual orientation. This area will be fully addressed in 21-22 to allow for time to do a new section well.
 - Readability and inclusivity work.
 - Moving quickly on the suggestions of the task force.
 - Use of data and predictability factors.
 - MTSS work in this area
 - Conflictual data – put it in one form for grade levels and identified hot spots.
 - Response from administrators was great!
 - Working with Greenbush to create these clusters of information.
 - Embed this information in reports and working with the MTSS districts.
 - Working on validity and making the data useful to the districts.

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- Terms use of Caregiver rather than parent.
 - Seniors responding to survey – often some of these are living on their own, not with parent/family.
- Suggestions for this group
 - More discussion on KIAS and the data they collect at another meeting and how it impacts schools and how we use it for Technical Assistance. (December mtg)
- **Prevention and Resources - Myron**
 - Framework has not had a lot of changes since the last meeting.
 - Encourage all committees to share quality resources they find to include in the resource document to Myron.
 - New resource in the document - Building Resilience: School Self-Assessment (Data group).
 - Added enumerated groups at the end and resources for them.
 - Internet safety piece might have some resources to include.
 - Need to Explain the matrix and how to use it. (Change title to clarify intent) This is a resource document to address local needs. Inform districts on necessary components and guide for schools as they develop their plan. Think of this as a toolkit or guide to plan development.
- **Policies and Plans**
 - This group is needing suggestions from the committees to guide their work.
 - The work they need to do will be pulled from the work of the other groups.
 - Today's discussion will be important to the work of this committee.

By-Laws Discussion – Kathy - Pat

- Adding wellness as well as mental health (update?)
- Support of staff
- * staff, parents, community members, caregivers, students, etc.
- KASB added to terms.
- KDADS
- KDHE
- DCF
- SMHAC
- Membership positions
 - School law enforcement/ School Resource Officer/School security
 - Youth involved State agencies
 - Inpatient provider (PRTF, Acute Care, YRC, QRTP)
 - Kansas Suicide Prevention Coalition
 - Kansas State Highschool Activities Association
 - Ensure there is a member representative from Governor's Behavioral Health Planning Council (Children's Subcommittee) include on acronym list
 - Interlocals and Coop's
 - Service Centers

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- Child nutrition and wellness team member (state department support)
- Chair will always be a state board member.
- Term – 2 year for vice chair

Review Membership position – Pat and Kathy

- Carla DeHetre – WRAP program - working to recognize alternative possibilities. Program Manager. Focus to help students and families of students to be successful in the school setting. These are general education students who do not qualify for special education services. We work mostly with tier 2 and 3 level schools. 17 years at Bert Nash.
- Mental Health Counselor and Mental Health First Aid instructor.

Motion: Mark Torkelson

Second: Jose Cornejo

Action: Motion passed.

Small Group Breakouts discussion:

- What revisions and suggestions from each subcommittee report do you have?
- What recommendations do you have for the policy and plans committee as we move toward implementation?

Small Group Reports

- What revisions and suggestions from each subcommittee report do you have?
 - Group 3, wording change suggestions. Parent/caregiver, educator not principal or administrator
 - Group 4 – be careful that we talk about bullying prevention not just program. KYRB survey. More triangulation of data. Tie to KESA in the policy section.
 - Group 2 – use of term educators throughout. Possibly add prevention and preventative section. Capacity for adult involvement. How to apply SECD standards.
 - Group 1 – prevention and resources – purpose of form and intent for its use. Cyberbullying section – appendix to clarify substantially disruptive environment. Site the case law. Parent letter included as a word document so it could be easily used by schools.
- What recommendations do you have for the policy and plans committee as we move toward implementation?
 - Group 3 – clear definition without legalese and how to apply it across the board. How to collect and use the data to inform the local building and district plans effective. Training – needs to be mandatory. Could be combined with other trainings? Reporting to local board on policy and community to assist with the plan.
 - Group 4 – Kathy KO. Data discussion, measure of effectiveness and how to

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collect. Accountability measures very important. Assurances under KESA and the plan created at the district level. Policy coordinated. Confidentiality guidance. Policy prevention and training for educators, families, and students. Resources. Use of restorative measures. Platt state and how it can be used. Data around resiliency.

- o Group 2 – (Carla) clarity and who is responsible for the implementation of a plan. Accountability who are districts accountable to? Updating and review of plans to maintain relevancy. Where are the Youth in our process? How do we involve them in the process? Youth should be Part of the solution. Training at the university level.
- o Group 1 – Melody Martin – Implementation of the task force recommendations. Schoolwide implementation of plan mentioned at the end of the one- page task force recommendations document. Student progress, evaluation plan, implementation plans support the policy. Data – how to engage more districts to be involved in the KCTC.
- o Pat will send the finalized discussion points today to the chairs of each subcommittee.
- o Report will come back at the December meeting.

Writing Committee

Please volunteer or Kathy will be asking you to volunteer.

Introduction –

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Committee volunteers

- Kathy Busch, Kelsee Torrez

We want to be careful not to ask too much of our districts too soon. How do we combine some of these items to other things under the Social/Emotional umbrella? How do we integrate with KESA – multi-tiered system of support and prevention and intervention piece to reducing the impact of bullying.

Wrap Up Comments

Council Shares

- John Calvert – Americas Promise – think about 29% of students surveyed, adolescents, don't feel connected to school, classmates, or community.
- December meeting will make final edits to our report. Draft copy to the board in December with approval scheduled for January. Need a final draft in November for review and editing.
- How do we provide supports to the in and out of school culture resulting from COVID - topic for December.
- If you have items please for discussion please send them to Pat. pbone@ksde.org
- What are you seeing that needs to be supported in our schools

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Adjourned

- 1:59 PM.

Next Meeting

- December 3, 2020 – Zoom

For more information, contact:

Name Pat Bone

Title Sr. Administrative

Specialist

Team SETS

Phone 785-291-3097

pbone@ksde.org

Kansas State Department of Education

900 S.W. Jackson Street, Suite 620

Topeka, Kansas 66612-1212

www.ksde.org

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