

KANSAS SCHOOL MENTAL HEALTH ADVISORY COUNCIL



MINUTES

School Mental Health Advisory Council

Details

Date December 18, 2019

Time 9 am – 2 pm

Location Washburn Technical Institute
Topeka, KS

Call to Order: Kathy Busch called the meeting to order at 9:03 am.

Welcome new members. New members please stay about 5 minutes after the meeting to meet with Pat about reimbursements.

Roll Call

Members: (x present, blank absent):

X	Kathy Busch	X	Dr. Jane Groff		Cherie Blanchat
X	Shelby Bruckerhoff	X	Jose Cornejo		Denise Cyzman
X	Misti Czarnowski		Alison Despard Kristen Garner	X	Bobby Eklofe
X	Diane Gjerstad		Jessica Griffin		Dr. John Heim
X	Leia Holley		Dr. Ken Hughey	X	Representative Russ Jennings
X	Kimber Kasitz	X	Kathy Kersenbrock- Ostmeyer	X	Monica Kurz
	Ronny Lieurance	X	Dr. John McKinney	X	Kathy Mosher
X	Representative Monica Murnan	X	Deana Novack	X	Judi Rodman
X	Shirley Scott	X	Rachelle Soden	X	Senator Dinah Sykes
	Senator Mary Jo Taylor	X	Kelsee Torrez	X	Juliane Walker
	Pam Weigand	X	Holly Yager		

KSDE Staff: Members (x present, blank absent):

X	Laura Jurgensen	X	Kerry Haag	X	Bert Moore
X	Myron Melton	X	Kent Reed	X	Amy Martin

Approvals

Agenda

Motion to approve: Kimber Kasitz

Second: Bobby Eklofe

Kansas leads the world in the success of each student.

Motion Passed

October Minutes

Motion to approve: Kathy Kersenbrock-Ostmeyer

Second: Holly Yager

Motion Passed.

Review of Bullying Task Force Report:

Commissioner Watson gathered this group in April 2019. Report was presented to the State Board at the December meeting. There is a reference to a contact group in this report and this Council will be taking on that role. The State Board has not yet officially accepted this report, but is expected to at its January meeting.

We will be spending significant time today reviewing this report and its recommendations.

Myron Melton

Before starting on the Bullying Report he gave an update of the Suicide Prevention, Postvention Tool Kit, which has been provided in hard copy form. You should have received this information via email with links provided to you. It was accessed 605 times in the first week it was available. There is lots of positive interest in this work which was led and reviewed by this Council.

Pat will resend the link electronically to the Council.

Blue Ribbon Task Force on Bullying

- Two Co-Chairs, Dr. Rick Ginsburg and Mr. James Regier
- 35 members from a wide range of stakeholders
- Objectives and Goals
- Townhall meetings were held across the state

Everyone reviewed the Introduction, page 5-7.

Jigsaw Activity with the Task Force Report

- 6 groups were formed to review different sections.
 1. Legal policy and environment page 8-9
 2. Situations in Kansas p 10-12
 3. Kansas Advantage 12013
 4. Barriers and Challenges 13-15
 5. Barriers and Challenges 16-18
 6. Research and Best Practice 19-20

Groups were then mixed to share the discussion from the previous group.

Discussion:

What big ah-ha's did you have during the discussions on the Task Force Report

- Teacher pre-service – When, where and will it get into teacher preservice?
- Definitive Definition, does it include imbalance of power and repetitiveness?
- Are we going down a path that will be synthesizing of this report and be making

Kansas leads the world in the success of each student.

recommendations to the State Board? Today was the first read on it. This Council will be the group to work on implementing recommendations. Some steps will move quickly and others will take time. Yes, we will be making further recommendations to the State Board. Question whether it is prudent for the legislature to work on the law. Specify that the State Board will oversee the definition for use by schools.

Summary of the recommendations from the reports

1. Better support and direction for school districts
2. Continue and develop the state's focus on Social Emotional and Character Development (SECD) education to address school bullying
3. Examine current state law and consider appropriate guidance
4. Legal policies and plans
5. Better data on school bullying and measurement assessing effectiveness.
6. Addressing Cyberbullying
7. Training Professional Development and Teacher Preparation

Discussion:

- The best programs and practices must include family and community.
- Reporting systems for student use to report bullying.
- Mental Health is not the correct term anymore it is behavioral health.
- National guidelines for school counselors, school psychologists, and social workers were used in the recommendations surrounding case load.
- Were trauma-informed practices discussed in relationship to bullying? Yes, but the taskforce had to focus on the bullying. Trauma-informed practices fits with recommendations 1, 2, and 4.
- Other data collected – Kansas Communities That Care survey gives us some good universal data, but local screeners can give us some really good information also. It might have a better impact on working with kids.
- Nurse caseloads – behavioral health is on the rise in the purpose of visits to the school nurse. Recommendations from national level are based on student needs and varies. We are nowhere near meeting the numbers of nurses to meet case load requirements in Kansas.
- Behavioral health and physical health go hand in hand. As we research and identify, are there indicators of substance abuse use leading to other areas of impacts such as suicide, substance abuse, etc.?

This report will be going for State Board approval in January and we will get more instruction on our direction following that meeting.

Kathy asked members to spend some time reading the full report between now and the February meeting when we will start working to move forward.

Medicaid – Monica Murnan

PowerPoint

Conversations are just beginning in this area on what can be done to assist in funding.

Kansas leads the world in the success of each student.

Free Care – refers to federal policy that has changed over the last 5-7 years. In Kansas, this is known as Kan-Care. School districts are an allowable provider. Early Childhood programs are also included as allowable providers.

What can change? Please take some time to review the two links that were sent via email from Pat for more background and specific information. Innovative practices are highlighted in 15 states...things that worked as well as what didn't. This change will allow for non-IEP students. Other provider types may be added under this provision.

KSDE needs to work with the Kansas Department for Health and Environment (KDHE) to expand what is currently eligible and what could be eligible.

Reinforces the wholistic needs of students.

Routes to change:

- Administrative change – add some words in current plan and resubmit
- Legislative change
- Combination of both
- appropriation

Stacie Martin carries this work at KSDE. KDHE has a small group of individuals in charge. They need to get together and plan how it can work in Kansas.

Questions

- When Michigan expanded they permitted the use of a 504 plan as a referring document. Great opportunity for expansion and benefit for both health (school nurse time) and behavioral health factors.
- Can KSDE tell us of the pilot's tools what schools do and do not have these services in the state? Need to make linkage with the scalability of the pilot.
- These options should help the system get easier.
- In Kansas, when we went to managed care system, we have 3 providers, and all bills go one of the 3 providers. School districts and early childhood centers billed directly to the state.

Public Comments

None

Kansas Association of School Board (KASB) Policy Subcommittee Report

Rachelle, Holly and Shirley

Handout

- Clarification pieces on page 3. These would be guidance issues.
- When in doubt, report. The Department for Children and Families (DCF) will follow the processes to follow-up when there are multiple reports.

What becomes of this now?

- Consensus from the Council on moving forward. How different is this from KASB's current policy? This document is much more detailed and provides clarifications. This Council needs to make a recommendation to the State Board that requests KASB update their policy.

Kansas leads the world in the success of each student.

On consensus, this will be moved forward to the State Board.

Proposed Regulation on Mandated Reporter Training – Brian Dempsey

PowerPoint

Handouts

Regulation

Feedback from KASB and the Kansas National Education Association (KNEA)

This draft regulation will become part of the Kansas Education Systems Accreditation regulations in the compliance components of the regulations.

The State Board will receive this proposed regulation in January and take action on it in February.

KASB and KNEA feedback (Handouts)

KASB response highlights

- Burden of cost
- Flexibility for duration, frequency, and scope of training
- Which employees, substitutes, etc. must be trained?
- Volunteers in the schools are not mandated reporters.

KSDE guide to resources for the training would be helpful. That can be a part of the required trainings website.

Align with the language of the suicide prevention recommendations in terms of differentiating training.

KNEA response highlights

- Covered in the draft response to KASB discussed earlier today.
- Teachers must be allowed to make this report with anonymity, especially in small communities. Notification to school leaders is not be necessary and should not be asked of staff. This is the reason why training is needed to provide consistency across the state.

Recommendation:

Motion to send this proposed regulation to the State Board.

Motion: Russ Jennings

Second: Jose Cornejo

Motion passed

By-Laws - Laura Jurgensen

Handout

Comments at the last meeting have been made. All changes made have been highlighted in gray. Please take a minute to review changes.

Is there something you recall that you do not see in this document?

Membership/tenure section – What are we missing or not saying well in this section?

- Lack of diversity on this Council in terms of membership

Kansas leads the world in the success of each student.

- Geographic representation of all areas of the state
- Membership decisions may be made by the Council leadership and not sent back to the State Board.
- Adding language to be conscience of being inclusive both geographically and culturally. Representative of state population(discourage this language.) Encourage gender, race, and ethnicity diversity.
- Parent not affiliated with school positions. Parent of school aged student.
- Student voices included somehow in our work. (Invite them to join us at times for their input directly on the work we are doing.)
- Diversity on the nomination form.
- Current teacher, not retired. Elementary and secondary, rural and urban.
- Understanding developmental disabilities. Way to ensure this is addressed.
- Make up of Council is not dependent on diversity, but should strive to be reflective of population.
- Possibly include advocacy groups supporting diverse students in terms of gender, ethnicity, racial perspective, and lesbian, gay, bisexual, transgender, and questioning (or queer) (LGBTQ)
- Use of designees by members when they can't attend. Are they able to vote if they are a designee? Sending a designee is a good practice. Designees are not allowed to vote.
- Upon completion of a second term or a position becoming available nominations will accepted in the spring of each year.
- Foster care representative
- Consider some At-large (interest area) positions to allow membership flexibility

Meeting norms

- Require a majority of 2/3 of those present and representing a quorum of the Council or more for action items to move forward not just a simple majority of 50%. Roll call votes will be taken as needed.
- P8 refers to Roberts Rules of Order for procedural pieces.
- Page 5 add list serv(s)

Council Member Updates

- Legislative session will begin in January
- Education finance will be up in the legislation again. At-risk funding will be a source of discussion. Special education funding and maintenance of fiscal support continues to be a conversation
- High density weighting – free school lunch program raises funding because of poverty and correlation for education problems. No action by legislature would cause money to go away.
- Kathy – Kersenbrock-Ostmeyer spoke on the topic of changing the emotional disturbance label. The Special Education Advisory Council (SEAC) is discussing and studying this issue. The agenda for SEAC's January meeting will be sent to this Council

Kansas leads the world in the success of each student.

so if you know of anyone who would like to provide feedback you can send them information on making public comment to SEAC.

- Trauma-Informed practices – what does it take for a school to be called trauma informed? Missouri has 4 levels of implementation. Council members requested more information. Guidance needs to be provided and the training required to say you are truly are using trauma-informed practices.

Bullying Task Force follow-up – Kathy

- January State Board approval expected
- February – our Council will take on the implementation of the recommendations.
- Council will be developing sub-committees to do the background work and bring back information to the full group.
- Let Kathy, Laura, Myron, or Jane know if you are interested in sub-committee work.

Adjourned at 1:45 p.m.

For more information, contact:



Name Pat Bone
Title Sr. Administrative Specialist
Team SETS
Phone 785-291-3097
pbone@ksde.org

Kansas State Department of
Education
900 S.W. Jackson Street, Suite 620
Topeka, Kansas 66612-1212
www.ksde.org

The Kansas State Department of Education does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: KSDE General Counsel, Office of General Counsel, KSDE, Landon State Office Building, 900 S.W. Jackson, Suite 102, Topeka, KS 66612, (785) 296-3201.

Kansas leads the world in the success of each student.