

School Mental Health Advisory Council

July 30, 2019

Wichita, KS

Call to Order:

Kathy Busch called the meeting to order at 9:02 AM.

Bert Moore is the new Director of Special Education and Title Services at KSDE. He will no longer be a voting member. We will look at membership a little later in the meeting today. Lunch with SEAC today for a networking opportunity.

Members Present:

Kathy Busch	Dr. Jane Groff	Cherie Blanchat	Misti Czarnowski
Bobby Eklofe	Diane Gjerstad	Leia Holley	Dr. John McKinney
Kathy Mosher	Judi Rodman	Shirley Scott	Rachelle Soden
Holly Yager			

Members Absent:

Denise Cyzman	John Heim	Kimber Kasitz	Mary Jo Taylor
Pam Weigand			

KSDE Staff:

Laura Jurgensen	Kerry Haag	Myron Melton	Kent Reed
Pat Bone	Amy Martin		

Guests:

Kasey Monroe	Ryan Vaughn	Michelle Ponce
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Agenda:

Motion to approve: Holly Yager

Second: Leia Holley

Motion passed.

Approval of April Minutes

Motion to approve: Shirley Scott

Second: Bobby Eklofe

Motion Passed

Council Orientation

Pat Bone

Notebooks

Council information Tab

- Meeting dates
- KSDE Staff contacts

Fiscal Tab

- Fill out the W-9 (please fill out and make sure that this get turned in to Pat today)
- Travel request form (please fill out all except date of meeting)
- Each meeting you will get an email asking to confirm if you are attending a meeting. We will need to know if you will be attending so we can advise TAESE in advance.
- By the end of each meeting Pat will need a travel reimbursement form.
- Reimbursement checks will come from Utah State University
- Your mileage is reimbursable.
- Your hotel is reimbursable if it is needed. It must be at or below state rate.

*NEW INFORMATION

This Council needs to become active with the local community. Members are asked to go out in the community and talk about the work the Council is doing what the Council initiatives include, etc. Please plan to attend conferences to get word out there. Participation at conferences and meetings to present the work of Council is encouraged and will be financially supported when you follow the process outlined below.

- Send in a request for reimbursement to the Council. It will be presented to the board and if approved your registration, mileage, hotel, etc. (whatever is approved in advance) will be reimbursed.
- Make sure you are asking in advance for this kind of request.
- We want to encourage you to attend conferences and meetings to get the word out there.
- After travel you will need to return all your hotel receipts with your reimbursement form to Pat. Your meals will be paid on Per Diem so we don't need meal receipts.
- Email reimbursement requests to Pat Bone pbone@ksde.org
- You will share a brief presentation with the Council at the next meeting.
- If you are presenting but not requesting reimbursement let Pat know so she can give you time on the agenda so you can share your work with the Council.
- Members asked questions about the creation of talking points for presentations done by members.
- Please bring your notebook to all meetings so that you can put your materials in them at each meeting.
- The School Mental Health Advisory Council web page, <http://www.ksde.org/Default.aspx?tabid=556> keeps all of the following information available:
 - Agenda is posted prior to meeting
 - Minutes are posted once they are approved by the Council
 - Meeting materials are kept as public record of the Council's meeting

Mental Health Intervention Team Pilot

Diane Gjerstad and Kathy Mosher, Michele Ponce, Judi Rodman

Diane -

- 2019 Kansas Legislature adopted a \$10 million pilot program for a database and specific districts. Variety of sizes of school districts, and regionally disperse areas of the state. School districts and Community Mental Health Centers (CMHCs).
- Staffing of CMHCs was a difficulty.
- Growth of students being served, rose quickly and dramatically.
- Identification and referral processes were developed in each partnership locally. Each family has different needs.
- Space for therapy session in the school building was another challenge.
- KSDE was a great help with resources, developing database.
- Savings from the database work by KSDE rolled into funding for this year's work.
- Legislature was very interested in the learning.
- Superintendents were very interested in this pilot and several have expressed a desire to become involved.
- Culmination meeting last May between CMHCs and Districts involved. Report out about the work, changes needed, what should continue. 1700 students served. Many had never received services before. Teachers, students, and families saw a big difference. Attendance increased, behavior concerns decreased. Next year the pilot will focus on capturing students who internalize.

Kathy Mosher-rural area of state

- Working to not duplicate services, but meet unmet needs for each district they are working with.
- Helping with therapy groups, staff, student groups.
- Important to be sure all parties are involved and committed to the process and the delivery of services. Must have support and buy in from all levels of district personnel and families.
- Focus for her group was increasing access and quality.
- Partnership with schools who provided a place to provide services was a big help to the centers to provide services.
- CMHC provides services year-round. Must braid funds together to reduce duplication of staffing of services. Also provides a billing mechanism from which to draw resources.
- Every school district offered them a place to provide services through the summer so students continued to receive the services they need.
- 94% improvement in behavior from data the districts provided.
- Challenges
- Working through HIPAA and FERPA
- Making sure necessary tools, phone, internet, private location for service provision.

Unintended consequences

- Reduced stigma for receiving services for both teacher and students.
- Students are openly talking about and referring friends for services.

- Administrators are seeing positive benefits and one shared he saved a life because of the program in his school.

Judi Rodman – Kansas City

- Long standing memorandum of understanding (MOU) already in place.
- Identified barriers.
- CMHC and Mental Health Liaisons – working with families who declined services.
- Increased identification and services received.
- Serving kids without a pay source.
- System of care approach to what we do.
- Collaboration with KVC treatment centers and a plan of support when they came back to the local community.
- Higher need of identification for kids in crisis. Use of SABERS tool identified kids we were missing.

Michelle Ponce – Association of CMHCs of Kansas

- Lots of interest to expand into their other area districts.
- Rural areas, kids who would have been leaving school to get receive services, are still in school and raising attendance levels.
- Kids in foster care were targeted in their pilot.
- Those in foster care were lower than expected.
- Department for Children and Families Secretary is very supportive of this pilot program. Increasing awareness and support to receive access for kids.

Questions

- When students reach out for help, when do parents become involved? Consent is a necessary component. Schools, CMHC must work together with the same process. Might do an initial assessment and then reach out to parent to bring them in and discuss the situations.
- Resources for the future? Balance increasing need. Where are the social workers going to come from? Merging resources is helpful. Create partnerships with universities to put out more social work programs maybe in the future. Topic of discussion for another meeting.
- Think outside the box with our school professionals. Think about how to build communication between counselor, psychologists, nurses, and social workers. Helping our rural communities with less professionals develop a communication structure to work with each other to address the mental health needs.
- Hospital to school liaison is a new position for Wichita district this year.
- Administrators have asked for numbers of kids being served by building to determine if they are reaching the kids they needed to.
- Mental health issues don't stop outside the school day. We had a need to develop community services.

2019 Council Recommendations Update:
Myron Melton and Laura Jurgensen, KSDE
Handout

Recommendations - Laura

7 recommendations

- KSDE and TASN are moving forward to implement recommendations.
- Resources development – Suicide Prevention Toolkit. Thank you for your help editing. Tool will roll out around the time of the October KSDE Annual Conference. You will be informed when it is available.
- KSDE Accreditation team to work on how districts are implementing suicide prevention requirements through KESA.
- KSDE is promoting Communities that Care (CTC) Survey – slides coming up. Feel free to use these as you talk to others.
- Require staff training on mandated reporter training – Handed to KSDE Accreditation team for work.
- Provide guidance and resources on mandated reporting. TASN is supporting the Council's recommendation through the module the School Mental Health Initiative developed. It was updated to include a greater focus on mandatory reporting. The revised version is available now. Myron will be sharing this information with districts.
- Institute, revisit, or revise policies on Mandated Reporting (Handout from Kansas Association of School Boards (KASB)). This is only for informing discussion. We do not have permission to share. Districts may adopt this policy. KASB would welcome input from this Council. If Council has feedback, it would need to provide it to KASB no later than the April 2020 meeting. If the Council would like a policy specific to the Jason Flatt Act it could make a suggestion to KASB for consideration. Council members volunteer to review this policy and make some recommendations – Rachelle, Holly, Shirley. Everyone please read it for familiarity by October meeting. Review your local districts policy to see if you use this one or something different. Reserve time on next agenda.
- Promote work and recommendations to school districts. As you are going out and wanting to speak to different groups contact Myron for some slides you can use.

PowerPoint - Myron

- School mental health and social emotional learning are the connectors in education. How do you imbed this in your MTSS and KESA systems?
- CTC promotion - Training sessions during the spring at all regional services centers. Need to teach administrators how to use the information they receive. Responsive culture is part of the KESA process. Definition in PowerPoint slide.
- Districts have options for other tools to use in this work. For example, SOS – Signs of Suicide.
- Suicide Prevention Toolkit – TASN-SMHI staff, kudos for your work on this and the wealth of information it will provide districts who have little or nothing formal in their plans.

- New programs – hope to have them share with us at a future time. Trying to identify what is happening and who is doing it. Developing a holistic look at the work.

Bylaws and Membership Rotation:

Kathy Busch

- Staff is in the process of developing bylaws for the group and membership rotation cycle. The Council is entering the third year and needs to move forward at this time to create some formalized processes. Look for a draft to be provided at the next meeting.
- Open position lists – show position and former members. Any organizations that are not included, but should be added. If you have suggestions for replacing any open positions please email them to Pat. State Board members will also be asked to provide input on these positions. Please send suggestions by September 1.
 - KNEA – teacher liaison
 - Teachers
 - High school student from Topeka area
 - Foster care representative
- The Council leadership team will review suggestions and make determinations.

Public Comment:

KVC – Bobby Eklofe

Nicole Pinolio – New Wichita Center

Wrap-Up

Adjourn: 11:32 am