



Kansans **CAN**


SCHOOL MENTAL HEALTH ADVISORY COUNCIL

April 11, 2019

WIFI: Washburn Guest

Kansas leads the world in the success of each student.

APPROVALS

- 
- April 11, 2019, Agenda
 - February 14, 2019, Minutes

PUBLIC COMMENT

- The time limit for verbal comments is three minutes.
- Those making public comment will be given a verbal cue one minute before time expires.
- Please keep comments factual and objective. Please avoid using names of students or staff members.
- Comments will be taken under advisement by the council.

COUNCIL RECOMMENDATIONS UPDATE

Recommendation 1: Provide guidance to school districts on the implementation of the Jason Flatt Act

- Update to Council in April
- Possible full update in July

COUNCIL RECOMMENDATIONS UPDATE 2

Recommendation 2: Revisiting the monitoring of district implementation of suicide prevention requirement in accreditation regulations

- Update from KESA team at July Council meeting

COUNCIL RECOMMENDATIONS UPDATE 3

Recommendation 3: KSDE to promote the Kansas Communities that Care Survey

- Spring of 2019 and ongoing

COUNCIL RECOMMENDATIONS UPDATE 4

Recommendation 4: State Board to require district staff training on mandated reporting requirements and procedures

- Summer 2019

COUNCIL RECOMMENDATIONS UPDATE 5

Recommendation 5: Provide guidance and resources on mandated reporting requirements and procedures, including signs of abuse and neglect, to support mandated reporting requirements and district policies

- 2019-2020 School year

COUNCIL RECOMMENDATIONS UPDATE 6

Recommendation 6: Districts to institute, revisit, or revise policies related to mandated reporting

- Prior to the 2019-2020 school year

COUNCIL RECOMMENDATIONS UPDATE 7

Recommendation 7: Promoting the work and recommendations of the Council to school districts

- Beginning in the spring of 2019 and ongoing

DISTRICT/COMMUNITY HEALTH CENTER PARTNERSHIP

USD 258 Humboldt and Southeast Kansas Mental Health Center

Misti Czarnowsky

Staci Hudlin

Glenna Garcia

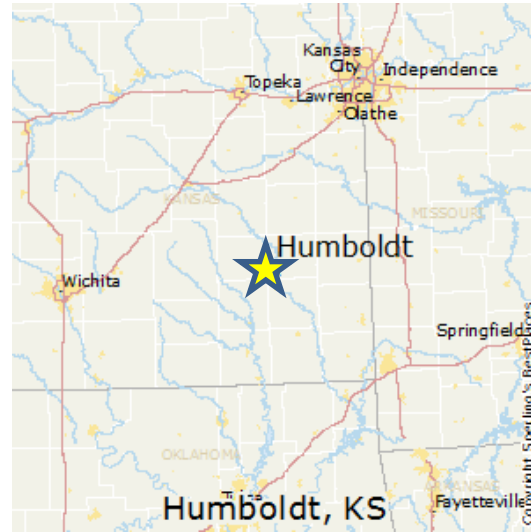
School-Based Mental Health

The Peace of Mind Program

A RURAL PERSPECTIVE

Demographics

- Located in Humboldt (Southeast KS)
- Humboldt has a population of 1,802 residents
- USD 258 is a 2A School
- 603 Students (PreK-12th Grade)



Mental Health Barriers

- Stigma
- Lag-Time-To-Care
- Transportation
- Scheduling
- Communication Barriers



Solution

- 2015-2016
 - First conversations with SEK Mental Health Started
 - First try to get grant for program (Health Forward Foundation)
- 2016-2017
 - Behavioral Health Consultant (SEK Mental Health)
 - Applied for grant again (Health Forward Foundation)
- 2017-2018
 - Found out we got grant in Aug. 2017
 - Had therapist and case manager hired by end of Oct. 2017.
- 2018-2019
 - Grant ended Sept. 30th, 2018
 - Program Sustainable

Peace of Mind Program

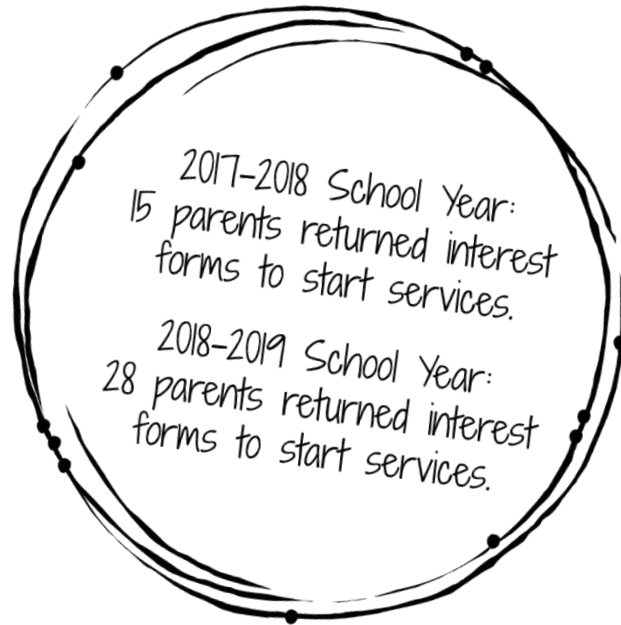
Grant paid for a full-time therapist and case manager within the school district.

Therapist

- Classroom observations
- Lunch and Learns
- Eat lunch with Students
- Attends IEP and SIT meetings
- Attends inservice
- Small Group Counseling - partner with school counselor K-8 (Future Goal)

Case Manager

- Classroom observations
- Sits w/ students in the classroom
- Provides extra support for students in crisis
- Individual sessions with students to help reinforce goals



Peace of Mind Program

Brief Intervention

For students who might not need therapy services, parents are unsure of starting services or cost for services is too high for parents.

Therapy Sessions

Usually last 1 hour. Students might be seen every week, every other week or once a month depending on severity.

STUDENT SERVICES:

Year 1 (2017-2018):

- 58 students received therapy services

Year 2 (2018-2019):

- 77 students receiving therapy services

TOTAL: 117 students served over the past year and a half (since program started.)

Data

AT-RISK DATA:

2015-2016:

•414 students out of 627 (66%) would be considered at risk.

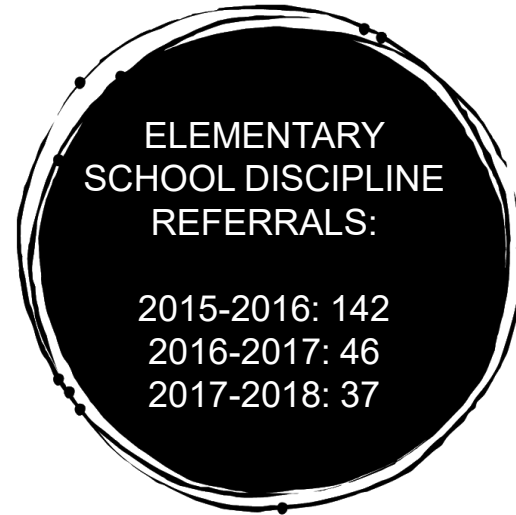
2016-2017:

•403 students out of 592 (68%) would be considered at risk.

2017-2018 (With Peace of Mind Program):

•339 students out of 604 (56%) would be considered at risk.

At-risk data looks at: free and reduced status, foster care placement, behavioral problems, poor academic performance, emotional issues and developmental delays.



Sustainability

Insurance Breakdown	(Peace of Mind Program)
Medicaid	70%
Private	25%
Self-Pay	4%
Other	1%

Program Growth

Southeast Kansas Mental Health Center has successfully expanded the program model to different schools in the area. So far the following schools have also implemented a school-based mental health program.

Each program is tailored a little differently to fit that specific school and community.

Woodson USD 366 (Yates Center)

Iola USD 257

Erie USD 101

Marmaton Valley USD 256 (Moran)

Questions

Staci Hudlin

USD 258 ELEMENTARY SCHOOL PRINCIPAL
STACI.HUDLIN@USD258.NET

Glenna Garcia

SOUTHEAST KANSAS MENTAL HEALTH CENTER
DIRECTOR OF QUALITY AND STRATEGIC INNOVATION
GGARCIA@SEKMHC.ORG

Misti Czarnowsky

USD 258 K-8 SCHOOL COUNSELOR
DISTRICT TESTING COORDINATOR
MISTI.CZARNOWSKY@USD258.NET

SUNFLOWER HOUSE



Bev Turner



LEGISLATIVE UPDATE



Laura Jurgensen

Kathy Busch



SUICIDE PREVENTION TOOLKIT UPDATE



Cherie Blanchat





Suicide Prevention, Intervention, & Postvention Toolkit

Updates for the School Mental Health Advisory Council (April 2019)

- Incorporated suggestions from the SMHAC, including:
 - Additional information regarding family engagement, and
 - An acknowledgment statement to contributing organizations, groups, and individuals
- Received initial permissions from the HEARD Alliance for the use of content
- Reviewing document to determine whether additional permissions are needed
- Document will be formatted to meet accessibility standards
- A professional editor has been enlisted
- Target release month of October (KSDE Annual Conference)

MEMORANDUMS OF UNDERSTANDING BETWEEN DISTRICTS AND COMMUNITY MENTAL HEALTH CENTERS-DISCUSSION



Chris Perry

TASN-School Mental Health Initiative




Discussion Guide for the Development of a Memorandum Of Understanding (MOUs)

Basic Definition

- A Memorandum of Understanding (MOU) is an agreement between organizations used to establish an official partnership.
- Designed to create collaborative relationships between community-based clinicians and school staff
- MOUs carry a degree of seriousness and mutual respect.
- Outlines clear, accurate, and respectful relationships between partners.
- An MOU may state a vision, mission, and purpose; include some required and optional elements.

MOU Developmental Progression

Phase of Implementation	Exploration	Installation	Initial Implementation	Full Implementation	Sustainability
Description	Not established or informally established; Willingness to develop an MOU reflective of the cross-system vision and mission	Formally established; Commitment to develop an MOU reflective of the cross-system vision and mission	Formally established; Change resulting from the development of an MOU reflective of the cross-system vision and mission is evident	Formally established; Fidelity and outcomes resulting from the development of an MOU reflective of the cross-system vision and mission are evident.	Formally established; Adjustment and Regular Review of the MOU reflective of the cross-system vision and mission is evident.



General sections of an MOU include:

- Term
- Vision and Mission
- Information and data sharing
- CMHC and USD Responsibilities
- Licensure and Insurance
- HIPAA and FERPA Compliance
- Legal and Operability Guidelines
- Etc.



MOU Template and Guiding Question

- Each document is broken into distinct sections
- The Guiding Questions spur deeper conversation
- The goal is a mutually beneficial agreement



Example - Information Sharing and Referrals

Section 5: Purpose and Scope. Information Sharing and Referrals. The parties intend to share, on a limited basis, confidential information regarding USD [__] students and in some cases, their families.

- (a) For its part, USD [__] warrants that prior to sharing such information, it will obtain an appropriate release of information (ROI) executed by the legal guardian of the student in accordance with applicable state and federal law. USD [__] further agrees to provide a copy of any such release to CMHC [__].
- (b) The aforementioned ROIs will be sent to _____ (a centralized location designated by CMHC [__] and USD [__] and CMHC [__] will indicate in writing that the ROI has been completed.
- (c) The parties understand that the ROI may be revoked by the legal guardian of the student at any time. Upon notice of revocation, all information sharing between the Parties will be terminated with regards to that student.

Example - Information Sharing and Referrals

MOU Section 5: Information Sharing and Referrals		What action plans are needed to complete this section?
What type of Release Of Information will be utilized?		
Where and who should the school send the referral to?		
What will be the delivery method of the referral to the CMHC?		
How will the feedback loop close once the CMHC has received the referral?		

Group Work Time

1. Get into small groups - A, B, and C
 - a. Group A = Sections 1-5
 - b. Group B = Sections 6-9
 - c. Group C = Sections 10-16
2. Review your sections of the **MOU Template**
 - a. Review each corresponding section of the **MOU Guiding Questions**
3. Document suggestions for either document on the **Padlet link = <https://tinyurl.com/SMHAC>**
4. We will briefly review suggestions at the end of the work time

Where to Find Us



Find our Resources:

<http://ksdetasn.org/smhi>



Follow us on Facebook:

<http://facebook.com/TASNSMHI>



Tweet with Us:

<http://twitter.com/TASNSMHI>

@TASNSMHI

COUNCIL MEMBER UPDATES



Each council member is encouraged to share upcoming events that may be of interest and related to the work of the council.

WRAP – UP AND NEXT MEETING

July 30, 2019 

9 AM – Noon

Wichita Hyatt and Century II

400 West Waterman

Wichita, KS