

Kansas School Mental Health Advisory Council

**March 1, 2018
9:00 – 12:30 p.m.**

**Meeting:
Washburn Technical School
Conference Center
5724 SW Huntoon
Topeka, KS**

Call to Order

Kathy Busch called the meeting to order at 9:04 AM.

Kathy remembered the Parkland School Shooting tragedy and the impact it has had on our young people. These school shootings accentuate the importance of the work we are doing on this Council on driving mental health availability for students. This Council is a key player in forming the necessary system to improve access and provide support. Thank you for all you are doing being involved in this work.

Members Present

Amy Wells
Christie Appelhanz
Jane Groff
Kimber Kasitz
Ronny Lieurance

Bobby Eklofe
Susan Leonard
Kathy Busch
Leia Holley
Shirley Scott

Cherie Blanchat
Holly Yager
Kathy Mosher
Pam Noble

Members Absent

Annie Diederich
John Heim
Lara Bors
Representative Ed Trimmer
Senator Molly Baumgardner

Annie McKay
Judi Rodman
LeEtta Felter
Representative Russ Jennings
Sharon Frankenbery

Bert Moore
Kelly Robbins
Pam Weigand
Senator Pat Pettey

KSDE Staff

Laura Jurgensen

Myron Melton

Pat Bone

Guests

Christin Sheldon
Kasey Monroe

Erick Vaughn
Pattie Noonan

Karen Niemczyk
Kelly McCauley

Approval of Agenda

Bobby Eklofe made the motion to approve the agenda. Susan Leonard seconded the motion.

Motion passed.

Approval of Minutes

Kathy Mosher made the motion to approve the minutes. Ronnie Lieurance seconded the motion.

Motion passed.

KSDE Training Update

Myron Melton

PowerPoint and Handout

KSDE is looking to the Council for response about the beginning stages of development to be sure the work is on track and meets the needs expressed by the council.

- Reviewed the purpose, the why and the how.
- Resources are tagged to share with all staff.
- Prevention and Responsive Culture
 - Each area will link to tiered resources for the area
- Additional Required Staff training
- Student safety and wellness – required training for school bus drivers
 - Could blood borne pathogens be added here if heading were changed?
 - Call it safety and wellness
 - Broaden the topic, highlight who the training is for.

Please provide Myron any feedback and any suggested resources. mmelton@ksde.org.

Development of this training system will continue and be you will be updated on the progress in May.

Suggestions:

- Perhaps strategy of delivery method. Who, in person, online, etc. Define tiers, meaning, and differentiation of trainings.
- Tiers may confusing unless they tie in to the tiers for students. Some, few, all.
- Tiers in this system refer to the intensity of training. An explanation will need to be included.
- Leave room for administrators to make decisions on who in their buildings will need the trainings. Communities will have different needs and they need to be able to use the system based on their situations.
- Mandated reporting – this is not legally required but we may add it as a recommendation.

Aligning and Integrating Mental Health and MTSS to Build Priority for Wellness

Cherie Blanchat

Print copy included in today's packet "PBIS Forum in Brief: Aligning and Integrating Mental Health and PBIS to Build Priority for Wellness." This document is a good foundation upon which to build learning from the presentations today.

PowerPoint

Introduction of presenters who have worked together to provide this information today.

Karen Niemczyk – Director of Special Education, Beloit Special Education Cooperative

Erick Vaughn – Vice Chair, Governor's Behavioral Health Services Planning Council, Children's Subcommittee.

Kelly Perales – Technical Assistance & Training Director, Mental Health Integration, Midwest PBIS Network

Juvenile Transitional Crisis Center – Karen Niemczyk

- Social skills cannot be taught in isolation
- We often expect kids to know social/emotional and behavior skills instead of teaching it.

- No one model helps every kids. Examined the Boys Town Model® to address trauma and behavior issues.
- This center is not a detention center. It is an educational placement. Because it is a restrictive environment is not a first choice for students.
- Suspension and expulsion are not methods used by this center.
- Police are called to assist as needed.
- Transition to home school is a key element of our program.
- Curriculum for the student comes from the home district.

Erick Vaughn – Director of Strategic Initiatives, DCCCA
Children’s Subcommittee, Vice Chair

Handout – Early Childhood and School Mental Health Key Recommendations

Highlights of recommendations from the Children’s Subcommittee

- Coordinated state data systems
- Early Childhood Mental Health (ECMH) recommendations - establish system for Medicaid payment for mental health services
- ECMH best care practices
- School Mental Health recommendations
- Trauma informed care practices

Three Areas of focus for Children’s Continuum of Care Committee

- Psychiatric Residential Treatment Facilities (PRTF)
- Prevention (Family Engagement)
- Early Childhood

Mental Health Task Force January 2018 Report

- Crisis stabilization
- Continuum of care for children and youth
- Early Intervention Plan

Interconnected Systems Framework – Kelly Perales

PowerPoint continued

- Links to resources on interconnecting school mental health and school-wide Positive Behavior Supports
- Recent publication links for Alignment of Initiatives
- Pennsylvania system was reviewed to provide some specific details to the process to aid understanding of building a system. Pennsylvania has been developing their system for 10 years.
- Targeted Workgroup Webinars – links

Congratulations to you on the work you are doing. You will impact your students in Kansas.

Public Comment

None today.

Reflection and discussion on the presentation

Questions for Karen

- Trauma informed care training for staff was mentioned. Do you do any training for students? Yes, self-regulation training is key. Strategies for things they can use in everyday activities for life.
- Do you separate those with diagnosed issues from the others in your work? Skill building is for everyone. Programs are designed around the individual student's need. Each child has different issues to address.
- The Crisis Centers goal is always provide quality education and provide skills for survival/success in their community or home school.
- 504 plans, are they done in your center or is that more the home districts area? It depends, we do check to see if there is a specific disability that has been missed. Child find is a part of the process.
- Do you have capacity serve students with intellectual and behavioral needs? We have a special program to assist those students.

Questions for Erick

- Was there discussion around partial hospitalization? He was unsure as he wasn't involved in that discussion.
- In the recommendation around 0-5 to receive services there must be a diagnosis. Did the committee talk about the potential negative impact? Yes, there is less stigma that follows with this age group and the diagnosis areas. The diagnosis was needed for this age group to provide a funding mechanism for services.
- School Mental Health Advisory Council began in August and started by looking at providing training in more meaningful ways. We are beginning to have conversations about how the schools and community organizations work together to provide services. How do we help provide services in a better manner?
 - Communication is always key.
 - Need cross agency membership to reduce duplication and increase understanding of the work different groups are doing.
 - Need to identify areas of overlap and create connections.
 - Service provisions with coordination of schools seems to rest on the providers making contact once they have received consent from the child and/or family.
 - Karen's response-reaching out to all stakeholders, working together, and pooling resources is a key.
 - Shared funding/streaming of resources.
 - Process requires collaboration.

Next Steps for the Council

Kathy Busch

Page 44 of PowerPoint handout contains some guiding questions to consider as we plan the future work of this Council.

- How to infuse into a district mental health team established? Interconnected Systems Framework felt like a good tool to aid in the development. Linked to Multi-Tiered System of Supports (MTSS) which is a strong connection to build on the work already underway in the state.
- Mental health is in some of the schools in my district. The professionals are in the buildings but not always available when they are needed. We need to work out a better system for collaboration and for other buildings that don't have the same access within the district.
- Barriers – providing services was only allowed for the specific identified students.
- Agencies – the article shared was very exciting. Services have been added in 13 schools this year. As we have been working together we started at the district level but found out quickly that every building is different and has different needs. The building

level leadership team became a real key in building a useful program. We are building programs based on the needs of the schools to identify kids who could benefit from services at the school with parental permissions. Skill building is occurring in some of the schools for all students. Partnering between schools and the mental health center to break down the barriers. Appreciated the Social Emotional Character Development Standards and MTSS. Buy in from the schools is no longer an issue.

- Caring for our staff needs to be a key component.
- Coaching and providing support for wellbeing of staff is key.
- Is there potential for some more in-depth training on the Interconnected Systems Framework so council could serve as a resource for districts? Council members support this idea. Council would like to work toward building a pilot program to develop and implement the building of the system. Leadership team of the council will pursue this opportunity.
- Council needs to look at tools for how to measure success and program outcomes.

Training for Students

Kathy Busch

- Current requirements include bullying prevention and suicide. Kathy has had several people contact her for information about the work of this council in regard to students.
- Sexual abuse training potential. State will not mandate a specific training.
- What is out there for students? Future topic for conversations. Help districts learn about what is available without them having to dig for information.
- DCCCA is involved in prevention work and has some resources they can share – Erick. DCCCA is a 501(c)(3) operating in Kansas, Oklahoma, and Missouri providing social and community services that improve the safety, health, and well-being of the people it serves.
- Kathy Mosher – Association of Community Mental Health Centers of Kansas – 30 trainers in Kansas for ASSIST a suicide prevention training. This is the model that the suicide hotline uses. It is practical for a wide audience.
- Send any resources you are aware of to [Myron](#). He will begin collecting these resources for future consideration.

Next Meeting

May 3, 2018

Lower Level at Washburn Institute of Technology

July 24 meeting in Wichita. Lunch will be available, in conjunction with other advisory councils, to provide an opportunity for networking. The June 20, 2018, meeting is cancelled.

Pam Noble shared that proposals are being accepted for the Governor's Conference for the Prevention of Child Abuse and Neglect November 7-9. April is Child Abuse Prevention Month. Proclamations are available. Contact [Pam](#) for more information. April 6 is Wear Blue Day. Follow and use #GreatChildhoods for social media updates on Twitter.

Meeting Adjourned at 12:30 pm.