

# Kansas School Mental Health Advisory Council

January 17, 2018  
9:00 – 12:30 p.m.  
Landon State Office Building  
Room 509  
900 SW Jackson St.  
Topeka KS

## Call to Order

The meeting was called to order by Chairman Busch at 9:05 AM.

## Members Present:

Amy Wells	Bert Moore	Bobby Eklofe
Cherie Blanchat	Christie Appelhanz	John Heim
Ken Hughey	Susan Leonard	Holly Yager
Jane Groff	Kathy Busch	Kathy Mosher
Kimber Kasitz	LeEtta Felter	Leia Holley
Pam Weigand	Ronnie Lieurance	Senator Pettey
Sharon Frankenberry	Shirley Scott	

## Members Absent:

Annie Diederich	Annie McKay	Judi Rodman
Kelly Robbins	Lara Bors	Pam Noble
Representative Trimmer	Representative Jennings	
Senator Baumgardner		

## Guests:

Renee Scott

## KSDE Staff:

Colleen Riley	Kerry Haag	Myron Melton
Pat Bone	Jordan Christian	

## Approval of January Agenda

Bert Moore moved to approve the agenda. LeEtta Felter seconded the motion.

Motion passed.

## Approval of December 14, 2017 Minutes

Bert Moore moved to approve the minutes from December 14, 2017. Bobby Eklofe seconded the motion.

Motion passed.

## Overview of the Interconnected Systems Framework

Cherie Blanchat

Kathy introduced Cherie who will be discussing the interconnected framework that is in place and continuing to develop.

### PowerPoint and Handouts

- KSDE leads the work of the framework through the Technical Assistance Systems Network (TASN)
- Framework pulls together partners to integrate services to help children with mental health needs.
- Framework is used in the education setting to meet students' needs at the level they are from low need (level 1) to high need (level 3).
- No one partner is able to do this work alone. It will take all of the key players working together to meet student's needs.
- Mental Health is for all. Prevention strategies are key for all to prevent the high needs situations.
- Must use community data to drive the local processes developed. Every community has different needs.
- Families are a system that need support to meet children's needs.
- State Personnel Development Grant (SPDG) grant will help with the work of connecting the systems needed to meet needs and coach them through the process to develop their system.
- Kansas School Mental Health Framework – Three tiers of support. Community and Family are one important piece of the system. The other piece is community and Business Partnerships.

### Discussion:

Chairman Busch asked the Council to consider these questions. Where do we go with developing structures for mandatory trainings? Is there a way for this group to look at what we would recommend? How do we put the pieces together from the SPDG grant and others? How do we share the conversations we are having in the larger communities? There is opportunity in this Council's future to work through the long term plans for the interconnected framework and where we want to go to support School Mental Health.

- Appreciate the addressing of military service members and the needs those families have. This community has a real need.
- Mental health is in its infancy compared to physical health. Over time practices become established. Flexibility allowing for change over time. Mental health field is now using best practices and data to support our work. As best practices continue to be developed, this area is going to be changing rapidly with the focus of mental health nationally. Research is moving forward rapidly at this time. Continue the open communications so that what we develop will allow room for the new research and best practices to be incorporated.
- Trainings needed will also change as these practices are developed.
- Adult learners, training, begin with identifying the problem (defined) and then need to practice by seeing it in real life problems. (time to work through real situations)
- Cross system collaboration is imperative for ISF (Interconnected Systems Framework) to be successful. Ability to change and adapt is a key.

- Will building or district site councils ever be asked to include the mental health partners? How do we include these members and could or would this Council ever ask that this be an included piece? (This is a future discussion item for the Council to consider recommendations. How can the Council see that communities begin to grapple with these conversations and where it fits into existing systems. This question is the core of the work of this Council as we move forward.)
- System will need to allow for adaptability of the system at the community level to meet their individual needs.
- Need to leverage the skills of individuals (e.g. school counselors) to the teams.
- Complex system needs to understand how other players must function in their community roles (i.e. law enforcement, etc.)
- A challenge is to have the best practices and figure out ways to bring about the work. This is a time consuming process that will need a length of time to be effective. Kids learning and benefits to them will be key in communicating the message.
- Imperative to define the processes as we work through the development.

School members, based on how you do things now, are you seeing a difference?

- Some areas are doing many of these things but there is also a lot of resistance to making change. There is a lot of box checking thinking still occurring.
- Multi-Tiered System of Supports (MTSS) process is being used. Biggest obstacles are time and money in our district when dealing with academic or mental health needs. Time to do the steps is also an issue for teachers who already “teaching” all day and this falls on top of current demands for their time.
- Time is a huge issue. To be creative and innovative requires time to think.
- Many things moving forward in Wichita. About 8 years into the MTSS process. Time is still a key factor in our moving forward.
- Staff need verbal permission to respond to the highest need as opposed to what is on the “schedule”.

### **Public Comment**

No one was present to make comment today.

### **Integrated Plan for Mandatory Trainings**

Kathy Busch

Mandatory Trainings - where would this Council like to go as it moves forward and develops a plan?

This group will not be developing the training, but charging KSDE to put together a plan and bring it back to the Council for vetting, refinement, and then getting it out to the field. Some districts may have quality materials in place and as long as they meet the basic components they will not need to change.

What are some criteria that needs to be included and what options (differentiation) for training are needed? How will each piece be required/presented? We have established that we do not want a checklist; we want an integrated system.

Discussion and possible recommendations:

- Staff development (not just training) and competencies
- Culture change is developed through modeling and coaching and this system will be a change.
- Model of wellness and resiliency.

- Social emotional learning has been embedded in every curricular area. Professional development needs to be handled the same way. The model for the adults needs to be the same as for the children.
- Tied to evaluation process for staff. Integrated approach. Number of training areas with a required number of hours, over a set number of years.
- Mindful of getting past the staff who may feel like it's someone else's problem.
- Accreditation model has the social emotional piece included. This gave administrators an opportunity to tie in professional development opportunities in the area of the buildings identified goals and also are required components for evaluation.
- Kansas Education System Accreditation (KESA) system and State Board goals are driving the conversations to change the culture in our schools. It will take time but changes in mindset are occurring.
- Statutes and regulations will help sustain implementation over time.
- Interagency Coordinating Council (ICC) birth-3 council is a requirement. Food service has a required council, district and building site councils all already exist and need to coordinate to enhance and support the work that is occurring. A key piece is that it is required. Nothing takes place from the administrator's perspective if it is not required. If we don't include requirements at some level it will not be done.
- Timing of training, not required at the beginning of the school year.

Motion to address development of integrated training plan

Ronnie Lieurance moved that the Council direct KSDE to develop an integrated training plan and that the plan be returned to this Council for review and input.

Bert Moore seconded the motion.

Motion passed.

A report from KSDE will come back to the council in March. It will not be in the final stages of development. KSDE staff will strive to have something completed by the May meeting so it can be released to superintendents prior to the next school year.

- Erin's Law – the training that was developed, will it address the needs stated in the draft law? We believe it does address the components and will be included in the bigger picture of the system. Need to be able to communicate how what we are doing is being built into the work we are doing. The presentation to the legislature will include the module that was developed.
- Considerations – mandates on who or what group is required for some of the trainings. This system needs to allow for schools/districts to go beyond the basic requirements of professional development. What makes sense to support kids? This fits in the changing culture and the way we look at the mental health of ALL kids.
- Topics that may not be required but make good sense to expand knowledge and benefit teachers, staff, and students.

One role of this Council can be the dissemination of the integrated approach message and the identification of key partners to districts.

**Presentation to the State Board**

Myron Melton

**PowerPoint and handouts**

This is a summary of the work this Council has been doing since it was formed in July 2017. There was strong interest from the State Board. They are very supportive of the work we are doing.

Discussion:

- Adverse Childhood Experiences (ACES) slides – include information that shows the link between ACES and how it affects school performance and chronic diseases which promote chronic absences.
- State Board has had a full retreat around the ACES challenges. Focus that day was on students, but not really about the impact on educators.
- Recommend including practices that are not evidence based but are considered best practices. (informed practices)
- Chronic health and chronic mental health problems are being turned in as truancy issues.

**Report to the House Corrections and Juvenile Justice Committee**

This will be very similar but a little shorter than the State Board presentation.

Representative Jennings will introduce the presentation. The State Board Chair will talk briefly about the forming of the Council and then Kathy will share the work the Council has been doing. It will include the online module for child sexual abuse. 1 hour is available. About 40 minutes for presentation and then time for questions. The presentation will include the motion from today about directing KSDE to begin developing the system and the long range goals of the system.

Questions:

Interconnected Systems Framework Discussion: Kathy Busch

What do you need as Council members to proceed with the work we are doing?

- More conversation on the framework. (ISF)
- More in depth information so we can look at how to implement without adding more work to schools. Building a system that is adaptable.
- We face the challenge of this being looked at as an add on. The system must take the fragments and put them together to reduce duplication and resistance.
- Putting structure to community resource collaboration.
- Resource mapping for systems working together.
- Highlighting examples to know what successes are going on.

**Next meeting**

- Report on how training system is developing from KSDE.
- Upcoming training handout from Leia Holley, Families Together. – Together We Can Learn Conference – February 3, 2018, Wichita, KS. Contact Leia for more information. Parent/Family scholarships are available.

Meeting adjourned at Noon.