

Kansas School Mental Health Advisory Council

September 21, 2017

9:00 – 12:30 p.m.

Kansas Association of School Boards

Room 101

1420 SW Arrowhead Road

Topeka KS

Call to Order

The meeting was called to order by Chairman Busch at 9:06 AM. Welcome to the September meeting.

Members Present:

Amy Wells	Annie Diederich	Annie McKay
Bert Moore	Christie Appelhanz	John Heim
Ken Hughey	Susan Leonard	Holly Yager
Jane Groff (Barbara Gannaway)	Kathy Busch	Kelly Robbins
Kimber Kasitz	Lara Bors	LeEtta Felter
Leia Holley (Lesli Girard)	Pam Noble	Pam Weigand
Representative Trimmer	Representative Jennings	Ronny Lieurance
Senator Pettey	Sharon Frankenbery	Shirley Scott

Members Absent:

Bobbie Eklofe	Cherie Blanchat	Judi Rodman
Senator Baumgardner	Kathy Mosher	

KSDE Staff:

Colleen Riley	Kerry Haag	Laura Jurgensen
Kent Reed	Myron Melton	Pat Bone
Ryan Weir		

The Introduction of New Members:

New members introduced themselves sharing the following information.

- Name
- What you hope to achieve on this council?
- What expertise do you bring to the council?

The council reviewed the purpose statement and affirmed the goal of working to make a recommendation to the State Board regarding how to best meet needs for our students.

Approval of September Agenda

Ronnie Lieurance moved to approve the agenda. Kimber Kasitz seconded the motion.

Motion passed.

Approval of August 25, 2017 Minutes

Shirley Scott moved to approve the minutes from August 25, 2017. Annie McKay seconded the motion.

Motion passed.

Social Emotional Character Development Video

Video on Social Emotional Growth

<https://youtu.be/KKrBQ6Hy3KY>

Discussion:

Trainings are available from KSDE and TASN that can be reviewed on the websites.

www.ksde.org and <https://ksdetasn.org/>

Discussion of Terms Definitions

Kathy Busch

There is a need to develop a list of terms and definitions so that everyone has a common understanding for the terms used by different stakeholders.

Members brainstormed the following list of terms to be included:

- School Mental Health
- Mental Health
- MTSS
- PBIS
- ACEs in Trauma
- Continuum of services/support – Systems of care. Very broad term. Governor’s council subcommittee handout – work on these definitions has been done by this council.
 - Continuum of educational supports PreK-HS
 - Related services support staff– examples school psychologists, overlap with counselors, psychs services. Social Workers. Speech language Path, nurses, OT, PT, Orientation and Mobility, Audiologists, Hearing Impaired teachers,
 - Para
 - ELL teachers
 - Staffing varies by district on these positions
 - Lines of who does what role are blurred between school psych, counselor, and social worker are occurring
 - IEP – (for the child)
 - 504 plan
 - Behavior Intervention plan
 - CINC Child in need of care
 - Gifted is an area of exceptionality in Kansas but not in IDEA
 - IDEA
- Mental Health agency terms
 - Mental Health vs social emotional growth
 - Counselor definition is different in the medical definition from the school setting.
 - School or clinical psychologist
 - Attendant care
 - Respite care
 - Case management
 - Home/Community Based Services
 - SED Waiver of services DCF
 - Medical card supports
 - PRTF
 - YRC

- Parent Involvement
- Parent Engagement
- Family, school, community partnerships (public and private)
- Parent training
 - By schools
 - By others
- What do we mean by training?
- Law Enforcement terms
 - JJA
 - Licensed mental health
 - Qualified mental health
 - Behavioral provider
 - Juvenile correction center
 - Juvenile detention center
 - Law enforcement activities within schools
 - Sending and receiving districts
 - YRC – Youth residential center
 - Congregant living settings– place by custodian or the court
 - Trauma Informed Care with Juvenile offenders
 - Behavior management
- Intergenerational problems in the home
- Most if not all behavior issues are rooted in trauma
- Screening vs assessment
- ESI
- Mandated reporting
- MDR
- Wrap Around Services – used to bring together service providers in communities.
- Prevention vs Intervention
- Awareness of training

A draft of a terms document will be compiled and shared prior to the October meeting.

Discussion of Homework Assignment

In your table group, discuss what you learned from your area about training being provided.

- What are commonalities
- What are outliers

Table groups shared the following topics:

- Suicide Awareness – service providers' coordination to present training to all support staff. Shared
 - Principals set aside 1 hour during beginning of school year training. Training was conducted by the support staff that had received training
 - Video recorded one session for new staff, bus drivers, etc.
 - Demonstrated who the resource staff are to help in any situations.
- Second Step curriculum – blocked time daily
- KSBE requirements, The Kansas Association of School Boards (KASB) requirements for members only. Districts have flexibility in determining the mode of delivery.

- KASB provides policy standards and have recommended trainings for schools. They provide an attorney to represent districts in policy training disputes. It is risk management not compliance for meeting state law.
- KSDE notifies districts about required training but does not stipulate where the training comes from.
- Concern that it feels like checking boxes and is not focused on students.
- Professional learning during two days at the beginning of the year does not cover the need.
- Timely, student focused, spread out over time is more effective model.
- Fragmented training that is not systemic.
- Districts are asking for help in the mental health and trauma areas.
- Jason Flatt Act and trauma informed training needs to be combined into a system to improve effectiveness.
- Reflecting on the goal of training, is checking off attendance effective?
- Need to develop a welcoming environment at the beginning of the school year for both the students and the district staff.
- Need to support the health and wellness including mental health of our school staff.
- Consideration of timing for training activities, it does not have to be in the first week of the year. Develop a whole picture not just a group of different pieces.
- Needs to be ongoing not one shot.
- Develop and Implement a tips system for staff to use over the course of the year on these topics.

Public Comment

- Kyle Carlin – School Psychologist
Three factors contributing to needs:
 - Policy and processes to support to fill vacancies
 - Systems in place in schools for PBIS, Social/Emotional curriculum, trauma informed care
 - Early identification and intervention started early. Policy to support parenting.

Discussion - How Existing Requirements on Topics Related to Mental Health are Carried Out in Schools

**Laura Jurgensen and
School District Staff**

Annie Diederich

- Suicide prevention – Yellow Ribbon prevention. Last year training conducted by groups of staff with similar responsibilities i.e.: bus drivers, food services, etc.
- Implementing a learning management system to deliver training this year.
- Local resources Florence Crittenden House coming in to address services
- Trainings are spread through the year
- Trainings must be delivered differently each year to be effective

Amy Wells

- Use KASB learning management system for many areas
- Board policies delivered differently in each school building

Shirley Scott

- Video on Jason Flatt Act will be used district wide
- ESI
- Bullying
- Prevention of abuse and neglect booklets. Training for certified and classified staff
- Additional training is provided to address community needs.
 - Darkness to Light community presentation, with school administration and counselors
- Parent engagement groups have been formed.

Bert Moore Handout

- Crisis prevention intervention training for paras and teachers
- MANDT training
- Trainings shared in different ways
- Bullying/Harassment training.

Kimber Kasitz

- Need a resource library to see what others are using for trainings
 - Include PowerPoints used in trainings
- Evaluation of training following each training to improve delivery
- Follow through on suicide protocols included in training
- Employee assistance resources – There is a need to have materials on hand not just a link to the website.
- 504 training, consequences of training to look at the student with physical or mental impairments. Are we overlooking students with anxiety or depression that may need services?

Holly Yager,

- Reporting Suspected Child Abuse
- Emergency Safety Interventions
- Sexual Harassment and Bullying
- Suicide Prevention and Awareness Training
- Crisis Team Training (Support Staff only)
- Suicide Protocol Training (Support Staff only)
- Second Step Curriculum (in all elementary and select middle schools)
- MTSS Behavior Training (all buildings)
- 504 Training (504 building leaders)
- Threat Assessment Training (a few staff from every building)

Prevention of Child Sexual Abuse (handouts)

Laura Jurgensen

- Needs and requirements that currently exist. This council was formed in large part because of the Erin's law discussion last year in the legislature.
- Review of House Bill No. 2048 original form proposed components
 - Called Erin's law
 - Requirements for each school district
 - State Board of Education requirements
- Hearing in the House Corrections and Juvenile Justice Committees
- House Bill No. 2048 Amended by Committee (handout)
 - Crossed out language was removed

- Bold type – language added
- State Board Requirements
- Bill presented to entire House of Representatives and passed
- Bill went to the Senate where it was not passed.

Kelly Robbins handouts - (proponent of legislation)

Presented testimony during the legislative hearings. Key points:

- Bringing the subject of sex out in the open and creating boundaries.
- Statistics handout
- Goal is raising awareness of child sexual abuse and what it means
- Less than 10% of victims are reported and of those even less are believed when they do tell.
- Reporting of abuse is mandated and be prosecuted.
- Jessica's law – sexual abuse that was murdered.
- Teach people to report. It is not their role to prove or solve, only to report.
- Educating of children so they know where to go for help
- Schools need to believe the child and take steps
- Parents being involved in their child's life
- No warning signs for who is a sex offender or who the victims are

Amy Wells shared story of her experience as a school administrator and the student who finally reported sexual abuse. Trauma informed care strategies were implemented and it still took a year and half for the child to report.

John Heim - Another area to consider in our discussions – those accused of not reporting. What happens to the staff who get accused of non-reporting?

Christie Applehantz testimony in packet. (opposed legislation)

- Opposition was opposed to the first version as there are many other things to be considered.
- Problems that exist with mandated, checkbox training
- Teachers are not trained to provide psychological support
- Delivery of training is critically important
- We must take steps to help prevent child sexual abuse
- Protect our kids.

Pam Noble – Colleague testimony handout (Dona Booe)

- Kansas Children's Service League (KCSL) was neutral on this bill
- Mandated reporting training is required yearly
- Need to look at and address teachers and mandated training
- Keeping children safe and families together when possible is our goal
- Happy Valley video about Penn State incident is being used at Wichita State in teacher training program

Where do we go from here, what makes sense:

- Trainings become part of the story and connected
- Parent training inclusion
- Training our 18 year olds who will be parents
- Paper tigers video helps teach kids

- Additional history on the bill – Work with the chair of the state board during the legislative session. High respect for the system of education. Concerned about several things;
 - Mandated reporting for suspicion of abuse (signed form in personnel office)
 - Society problem to be fixed
 - You have resources to deal with kids in crisis. In that way sexual abuse is no different
 - We must figure out how to deliver information about abuse to children
 - KCSL – has a mandated reporter pamphlet and includes observable conditions that show up in abused kids. Free and available to schools. Pam will bring the KCSL mandated training pamphlet to the October meeting.
 - Courage to do the right thing
 - Gets kids into treatment to change their future
- Training on how to be a reporter (nuts and bolts)
- Child sexual abuse training needs to be addressed as an issue of its own as a part of the overall work.
- Link trainings to achieving a mission of healthy safe place for our students to study and learn. It is a part of the job, not a separate check it off the list activity. Ultimately, we will have a package of training to be delivered over time. Subjects can be blended and discussed together.
- Student level information and how to address it with children.
- What recommendations can we put forth to make trainings more cohesive and systematic, including mental health, social emotional, and abuse situations.
- What activities need to be occurring in the classroom?

Wrap-up of discussion:

We will be making recommendations as a committee to the State Board Of Education. The State Board will provide direction to implement the recommendations. If the state board forms an inclusive policy, legislation will not be necessary. Fidelity of implementation is critical in this work. We must be intentional in our recommendations including:

- Moving the social emotional standards into meaningful implementation
- Addressing the fragmentation of the systems to position students to be successful
- Addressing mental health needs for all students
- Funding Issues: must be considered. Do we have the supports and staff members needed? How do we keep the kids in the classroom?
- How do we work smarter? (strategy)

Homework assignment

Handout – User Guide: Registering and accessing your Moodle account.

TASN has created a virtual training module on child sexual abuse. This is a draft training module. Your input on the training and any suggestions for improvement will be a topic for discussion at the October meeting

Handout - Campbell Collaboration - provides some information on what is effective and useful and needs to be included in this resource. There is a link in the PowerPoint for this meeting with even more in depth information.

Discussion of information needed prior to next meeting

- New date for October meeting. Location is at Washburn Technical School, which is just east of this location on Huntoon Street.

Pam will bring the KCSL resource to share at the October meeting. If you have any additional materials, you would like to share with the council, please bring them to share.

Adjournment

Thank you all for your involvement and commitment.

Meeting adjourned at 12:30 pm.