

# 2018 Kansas School Health Profiles

## Principal Survey Trends

### Increases/Positive Changes

#### Survey Item

#### 2014-2018 Linear Change

#### School Health Coordination Items

Schools having assessed school policies, activities and programs in...

Nutrition 40.2 → 49.4%

Tobacco Use Prevention 36.2 → 45.1%

Schools with School Improvement Plan with objectives on...

Health Education 38.3 → 53.5%

Physical Education 37.8 → 52.5%

Physical Activity 32 → 47.9%

School Meal Programs 31.5 → 52.9%

Foods/Beverages Available Outside School Meal Programs 27.2 → 48.5%

Health Services 29.2 → 51.5%

Counseling, Psychological and Social Services 46.3 → 59.2%\*

Social and Emotional Climate 53.2 → 67%\*

Family Engagement 49.9 → 62.6%\*

Community Involvement 48.8 → 62.8%\*

Schools reviewed health and safety data as part of School Improvement Planning 53.5 → 64.9%

\*2016-2018 Linear Change

## Sexual Orientation Items

Schools with student-led club for safe, welcoming and accepting environment	16 → 28.3%
Identify “safe spaces” where LGBTQ youth can receive support from school staff	51.8 → 66.8%
Prohibition of harassment based on student’s sexual orientation or gender identity	84.9 → 96.1%
Encourage staff to attend professional development on safe/supportive schools	48 → 75.3%
Facilitate access to providers to address social and psychological services for LGBTQ	38.4 → 48.6%

## Physical Education and Physical Activity Items

Physical Education Teachers provided...

Goals, objectives, and expected outcomes for physical education	91.7 → 96.1%
Schools where students participate in physical activity breaks outside of PE	33.6 → 47.7%
Schools have joint use agreement for shared use of physical activity facilities	64.4 → 73.4%

## Nutrition-Related Policies and Practices

Schools where students can purchase \_\_\_\_\_ from vending or school store/snack bar

Chocolate Candy	20.2 → 5.7%
Other kinds of candy	26.9 → 9.2%
Salty snacks that are not low in fat	24.6 → 16.3%
Cookies, crackers, cakes, pastries that are not low in fat	28.8 → 13%
Ice cream or frozen yogurt that is not low in fat	10 → 5.3%
2% or whole milk	21.2 → 11.8%
Soda pop or fruit drinks that are not 100% juice	21.8 → 10.5%

Collected suggestions from students, families and staff on food preferences/healthy eating

	37.1 → 45.9%
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Provided information to students or families on nutrition of foods available

	47.3 → 57.4%
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Offered a self-serve salad bar to students

	65.8 → 75%
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Encouraged students to drink plain water	76.6 → 90.9%
Prohibited staff from offering food or food coupons as reward for good performance	12.4 → 32.4%
Prohibited less nutritious foods and beverages from being sold for fundraising	20.9 → 39.7%
Prohibit advertising less nutritious foods and beverages on school grounds	43.5 → 54.1%
Permit students to have drinking water bottle with them in all locations	95.2 → 98.4%
Offer free source of drinking water in cafeteria during breakfast	93.4 → 97.2%
Offer free source of drinking water in hallways throughout the school	98.3 → 100%

### **Health Services**

Schools provide referrals to professionals not on school property for students with...

Asthma	43.9 → 55.8%
Food Allergies	42.9 → 54.2%
Diabetes	43.5 → 55.2%
Epilepsy or Seizure Disorder	43.2 → 55.5%
Hypertension/High Blood Pressure	39.6 → 53.8%
Obesity	27.4 → 42.6%*

\*2016-2018 Linear Change

## Decreases/Negative Changes

### Survey Item

### 2014-2018 Linear Change

#### **Physical Education and Physical Activity**

Physical Education Teachers provided...

Chart describing annual scope and sequence of instruction for physical education	74.9 → 67.2%
Written physical education curriculum	83.2 → 76.2%
Physical activity monitoring devices (i.e. pedometers, HR monitors) for PE classes	73.7 → 63.4%

#### **Health Services**

Schools provide referrals to professionals not on school property for...

HIV testing	37.1 → 18.1%
STD testing	38.4 → 21.2%
STD treatment	36.8 → 19.4%
Pregnancy testing	42.8 → 21.8%
Provision of condoms	24.2 → 13%
Provision of contraceptives other than condoms	25.2 → 11.9%
Prenatal care	39.7 → 20.7%

Schools that use school records to identify and track students with obesity

36.4 → 27.1%

#### **Family and Community Involvement**

Provided parents and families with information about how to communicate about sex	25.6 → 17%
Provided parents with information about how to monitor their child	45.2 → 32.4%