High Schools That Work (HSTW) 10 Key Practices	Rigorous Programs of Study (RPOS) 10 Framework Components
HSTW identified a set of Key Practices that impact student achievement through development of multiple programs of study that prepare students for postsecondary studies and careers. These Key Practices provide direction and meaning to comprehensive school improvement.	A rigorous Program of Study is a Comprehensive, structured approach for delivering academic and career and technical education to prepare students for postsecondary education and career success that utilizes a framework of 10 supporting elements viewed as instrumental for creating and implementing a high quality, comprehensive POS.
High Expectations Motivate more students to meet higher standards by integrating high expectations into classroom practices and providing frequent feedback.	**Legislation and Policies** Federal, state, and local legislation or administrative policies promote POS development and implementation
Program of Study Require each student to complete an upgraded academic core and a concentration.	**Partnerships** Ongoing relationships among education, business and other community stakeholders are central to POS design, implementation, and maintenance.
Academic Studies Teach more students the essential concepts of the college-preparatory curriculum by encouraging them to apply academic content and skills to real-world problems and projects.	**Professional Development** Sustained, intensive, and focused opportunities for administrators, teachers, and faculty foster POS design, implementation, and maintenance.
Career/Technical Studies Provide more students access to intellectually challenging career/technical studies in high-demand fields that emphasize the higher-level academic and problem-solving skills needed in the workplace and in further education.	**Accountability and Evaluation Systems** Systems and strategies to gather quantitative and qualitative data on both POS components and student outcomes are crucial for ongoing efforts to development and implement POS
Work-Based Learning Enable students and their parents to choose from programs that integrate challenging high school studies and work-based learning and are planned by educators, employers and students.	**College and Career Readiness Standards** Content standards that define what students are expected to know and be able to do in order to enter and advance in college and/or their careers comprise the foundation of a POS
Teachers Working Together Provide cross-disciplinary teams of teachers time and support to work together to help students succeed in challenging academic and career/technical studies.	**Course Sequences** Non-duplicative sequences of secondary and postsecondary courses within a POS ensure that students transition to postsecondary education without duplicating classes or requiring remedial coursework.
Students Actively Engaged Engage students in academic and career/technical classrooms in rigorous and challenging proficient-level assignments using research-based instructional strategies and technology.	**Credit Transfer Agreements** Credit transfer agreements provide opportunities for secondary students to be awarded transcripted postsecondary credit at the time the credit is earned and are supported by formal agreements between secondary and postsecondary education systems.
Guidance Involve students and their parents in a guidance and advisement system that develops positive relationships and ensures completion of an accelerated program of study with an academic or career/technical concentration.	**Guidance Counseling and Academic Advisement** Guidance counseling and academic advisement help students make informed decisions about which POS to pursue.
Extra Help Provide a structured system of extra help to assist students in completing accelerated programs of study with high-level academic and technical content.	**Teaching and Learning Strategies** Innovative and creative instructional approaches enable teachers to integrate academic and technical instruction and students to apply academic and technical learning to their POS coursework.
Culture of Continuous Improvement: Use data continually to improve school culture, organization, management, curriculum and instruction to advance student learning.	**Technical Skills Assessments** National, state, and/or local assessments provide ongoing information to the extent to which students are attaining the necessary knowledge and skills for entry into and advancement in postsecondary education careers in their chosen POS.

HSTW Key Practices and RPOS Framework Components Alignment

1.	**High Expectations** • Legislation and Policies • Accountability and Evaluation Systems	1.	**Legislation and Policies** • Culture of Continuous Improvement • High Expectations
2.	**Program of Study** • Course Sequence • College and Career Readiness • Credit Transfer Agreements	2.	**Partnerships** • Work-Based Learning • Career/Technical Studies
3.	**Academic Studies** • Teaching and Learning Strategies • College and Career Readiness	3.	**Professional Development** • Culture of Continuous Improvement
4.	**Career/Technical Studies** • Technical Skill Attainment • Credit Transfer Agreements • Partnerships	4.	**Accountability and Evaluation Systems** • Culture of Continuous Improvement • High Expectations
5.	**Work-Based Learning** • Partnerships	5.	**College and Career Readiness** • Program of Study • Academic Studies • Extra Help
6.	**Teachers Working Together** • Teaching and Learning Strategies	6.	**Course Sequences** • Program of Study • Extra Help
7.	**Students Actively Engaged** • Teaching and Learning Strategies	7.	**Credit Transfer Agreements** • Career/Technical Studies • Program of Study
8.	**Guidance** • Guidance Counseling and Academic Advisement	8.	**Guidance Counseling and Academic Advisement** • Guidance
9.	**Extra Help** • Course Sequences • Teaching and Learning Strategies • College and Career Readiness	9.	**Teaching and Learning Strategies** • Academic Studies • Teaching and Learning Strategies • Extra Help
10.	**Culture of Continuous Improvement** • Professional Development • Legislation and Policies • Accountability and Evaluation Systems	10.	**Technical Skill Assessments** • Career/Technical Studies